



OCTOBER
2024

THE COMPANION

ISSUE NO.
10

CUU'S MONTHLY
NEWSLETTER

Minister's Message Grace Notes

Written by Reverend Kimberley Debus

Curiosity is on my mind this week.

I remember as a child, whenever a question came up at the dinner table – about history, or science, or art, or just about anything that wasn't "how was school today?" – my father would send me to the book-lined living room with the words "go look it up." As a result, I fell in love with books, ideas, facts, trivia, and the very act of research, investigation, and learning itself. I suspect that when I was still little, he knew the answers, but as I got older, I'm fairly sure he didn't, and so I somehow became Daddy's Little Research Assistant.

Decades later, I still am in the habit of looking things up when a question arises. Of course, the information-age beacons of knowledge – Google, the Internet Movie Database, and Wikipedia, plus the powerful smart phones – make the research a bit easier, especially when finding the answer is in pursuit of having something quickly solved.



minister@cedarhurstuu.org

Office Hours:

Wednesday 4:00-7:00 pm

Out of the office October 1st-3rd

Zoom open office hours link:

<https://us02web.zoom.us/j/9600148952>

But I still delight in the long play... wandering the stacks in a library, browsing an encyclopedia, following a reference in one book to another, to another, to another. In search of something deeper, in search of answers to burning questions and the questions those questions lead to. And I still don't have many answers, as much as I think I've read and researched and investigated over the years.



But therein lies the joy, and the meaning making.

How many times have you learned something and it connects to something you've seen, or thought of, or experienced? Perhaps it deepens the knowledge, or makes something clearer, or a new idea emerges from the confluence of information.

When we explore knowledge, we uncover ideas that might inform us, help us, satisfy us, pique our interest, comfort us, and sometimes send us on new paths of discovery, wonder, and deepening.

I'll be curious about what you uncover as you take time to explore and research the things that you are curious about.

PS: I realized I never said this explicitly to you all; please call me Rev. Kimberley or Kimberley. I don't use any nicknames. I also use she/her pronouns. Thanks.



To make an alternate appointment time with Rev. Kimberley, please use the following link: <https://calendly.com/kdebus/meet-with-rev-kimberley> or contact Nalina at outreach@cedarhurstuu.org and she will facilitate the scheduling.



Spirit Circles: Connecting to Our Spirits and to One Another

October - Storytelling

Our theme this month looks at the role of story in our spiritual lives: What are the stories we tell? How do they serve/protect/hinder us? How do we celebrate the past and still trust the dawning future?

To accompany our exploration is our Spirit Circles packet ([download here](#)). As highlighted last month, each packet is organized in a typical

covenant group format: a chalice lighting/opening words, a check-in question, some questions to help you think about the theme, quotations and poetry, then an article or essay. Following that are more questions to ponder, and suggestions of books, movies, and television shows that reflect our theme. Finally, there is a chalice extinguishing to send you on your way.

Whether you dip in or use it as a focused guide, my hope is that you find something that connects you to your spirit – and to others.

Blessings,
Rev. Kimberley





President's Message

Written by Pres. Becky Zimmerman

And just like that, it's October and there are pumpkins everywhere! Here's a Halloween-related funny thing: at the Cedarhurst booth at Westminster FallFest (9/28-9/29) some of the kids who won candy by "fishing" at our booth said "Trick or treat!" as they chose their candy! They were so cute.

Here's a more serious thing: we need you to step up and spend part of a Sunday service as a teacher OR assistant (an assistant doesn't have to prepare anything) in Religious Exploration (RE) classes at Cedarhurst! Contact Jan Pennington to learn more BEFORE you decide "that's not for me".

jan.pennington@comcast.net Thank you!!!

The Board met for a one-day retreat at Sherry Dean's home on August 31, with Rev. Kimberley facilitating. Present were all of us: Becky Zimmerman, Sherry Dean, Steve Hirsch, David Pittman, Treasurer Lisa Miller, and Rev. Kimberley. We spent time getting to know each other on a deeper level, and shared our hopes and fears regarding Cedarhurst's future. It turns out our greatest hope is that Cedarhurst will grow and continue to thrive, and our biggest fear is "what if it doesn't?" For me, it was freeing to name both the hope and the fear.



boardpresident@cedarhurstuu.org

443-789-1886

9 am – 9 pm

Here are the three overall goals the Board & Rev. Kimberley identified:

1

Outreach – intentionally reaching out to people in our community who are more liberal leaning, making sure they know we exist and that we're excited about growing our congregation. Have you shared what you like about Cedarhurst with anyone lately? Have you invited anyone to a service or event or activity? That's where it starts.



2

Family Ministry – attracting families to Cedarhurst in new and creative ways. Listening to parents about what they want & need, and how and when they can bring their children & youth to Cedarhurst. Who do you know that might be yearning for a place like ours – a safe place, a welcoming place, a happening place?

Momentum naturally builds when we see things happening, and right now a lot of behind-the-scenes preliminary work is taking place in **Elevate Cedarhurst!** But very soon we will see changes that will make the project real. Our architect Dean Camlin recently confirmed my expectation that most, if not all, of **Elevate Cedarhurst!** will be completed in time for our 40th Anniversary in October of 2025.

3

Elevate Cedarhurst! - The Board wants to see everyone truly excited about, and invested in, this venture you approved with a 94% "yes" vote (there were no "no's" – two ballots were not marked either way). We believe that expanding and improving our building will say to the public, "We are alive and well, and we want you to come check us out!" What if each of us said that to someone this week?

That's fabulous! But **Outreach** and **Family Ministry** are ongoing activities that are happening right now. Without them, we don't need a bigger, improved building. So borrow some enthusiasm from me or Rev. Kimberley if you need to, and tell your open-minded friends and family about your congregation and all the great things that are happening. Invite them to an activity, special event, or Sunday service. Then they can decide if we are what they're looking for.



36th Annual Auction Party Saturday, November 2nd



Saturday, November 2nd is the date for the annual Cedarhurst UU Auction of Goods and Services. Doors open at 11:30 for luncheon. The day includes a Silent Auction and the popular Live Auction. Every CUU friend, member, and visitor should plan to be at the Auction—it's our party of the year and our second major source of funding for CUU's annual operating budget. Watch for the latest details every week in Cedarhurst's Weekly UUpdate.

Here's how it works: just think of something (anything!) you can donate. It could be hosting a homemade dinner for two or more guests, a night out at a play, concert, film, favorite restaurant, ball game, boat ride, or shopping trip. Offer computer training, babysitting, beer making lessons, a week at your beach condo, pet-sitting, any type of labor such as painting, leaf raking, organizing; freshly baked pies, cakes, lasagna tray or other delicious items, fresh vegetables from your garden next summer, works of art or collectibles you no longer love, or anything your mind can conceive! Auction committee members will be happy to help you develop your idea. Don't be shy, be creative!

Now is the time to offer a donation for the auction. You could host an event, offer a meal or offer time to assist a Cedarhurst buddy with a project. Either way, this is a win-win opportunity.

Donations are open until Friday, October 4th.

[Cedarhurst 2024 Auction Donation Form - link here](#)

This Donation link also appears each week in the Weekly CUUpdate.
Watch for the link to the Auction Catalog later this month!

Auction Day Schedule for Saturday November 2, 2024

11:30 am	Doors open
11:30 am	Lunch begins
11:45 am	Silent Auction opens
12:45 pm	Silent Auction closes
1:00 pm	Live Auction begins



Bid cards will be \$5 – Same Low Price for over 30 years! Credit cards will be accepted, and the bank service fee will be added to your total. Zelle will also be accepted and has no fees.

Cedarhurst's auction is more than an essential fundraiser; it's how we meet others and connect with old and new friends while providing vital donations to our beloved congregation. A powerful combination, and a successful one as well. See you there!

The Auction Committee

Barb Bradley
Terri Ebaugh
Beth Schilpp

Cindy Hirshberg
Linda Joy

Sherry Dean
Sharon Kennedy

email: auktion@cedarhurstuu.org

SPECIAL NOTICES

HELP NEEDED for Loaves and Fishes for October

Please help us feed 80-100 people Saturday, October 5 at Westminster Church of the Brethren Loaves and Fishes Lunch at 11:30 am.

Please let Pamela Malkin know if you can contribute a large salad, vegetable soup or 10 sandwiches. Any help will be appreciated! Servers are also needed. Westminster Church of the Brethren is at 19 Bond St, Westminster. These meals are in addition to our regular third Friday dinners at the Night to Night Shelter in Westminster. Call 443-487-1299 if you can help.



Elevate Cedarhurst!

We may soon see evidence of progress on Phase 1 when a new well is drilled. It will be located between Club House Road and the path from the parking lot to the front door. This is a necessary first step because the current well is located where the addition will be built.

The proposed design for Phase 2 continues to evolve. The latest new feature is a pass-thru window between the kitchen and the sanctuary. The word “proposed” is appropriate because finalizing Phase 2 will depend on raising sufficient funding.

SPECIAL NOTICES



RE Volunteers Needed!

Our mission for life-long learning begins with RE-Religious Education.

We have a Nursery Aide and now are seeking Volunteers to work with our youngest participants.

Please consider volunteering in our RE program. Right now, we are looking for help on the 2nd and 4th weeks of the month. Volunteers must have a "Background Check."



Interested in getting on the Schedule? Let Jan know by emailing Jan.Pennington@comcast.net. We Need You!!!

HELP WANTED

Part-Time Companion for Roman

Our pianist Esther Shumatskaya is looking for a part-time companion for her son Roman who is 34 years old and autistic.

Possible activities could be to take him for a walk, to the movies, out for lunch, etc.

If anyone knows of such a person who might be able to help, Esther can be reached at (410) 790-0937 or by email

estersh66@gmail.com

ENJOYING COMMUNITY AT CUU



Photo and description by Jan Pennington

Guest speaker, Dr. Erin Whatley, made her visit to Cedarhurst a family affair.

Three generations of Whatley's are pictured here, including 91 year old Dorothy who travelled from Columbia, MD to hear the thoughtful sermon and dialogue.



OCTOBER SPECIAL OUTSIDE EVENTS

Carroll County Alliance for Racial Justice October Events

- “Interfaith Dinner, Saturday, October 5 from 6-8 pm at Grace Lutheran Church, 21 Carroll St, Westminster. Talk to Becky Zimmerman if interested in attending this potluck dinner with people of many faiths from Carroll County.
- On Saturday, October 19 from 2:00 to 4:00 Rev. Marty Kuchma will give a talk about racism in America at the Westminster Church of the Brethren, 1 Park Place. Pastor Marty is a longtime friend of Cedarhurst UU and serves as minister at St. Paul’s United Church of Christ in Westminster. This free event is open to any members of the faith groups that are part of the Interfaith Alliance for Racial Justice. Cedarhurst is part of this group.

OCTOBER SPECIAL OUTSIDE EVENTS



Families and Politics in-person event

October 22nd at 2:00 - 5:00 pm EDT

Host Organization: Central Maryland Braver Angels

Partner Org(s): Democracy Lab

State/Region: MD

Family relationships can be casualties of a toxic political environment. Preserve important family bonds while staying true to your values.

About this event

Family relationships can become casualties of a toxic political environment. Family members are having bitter political arguments, avoiding each other, or even cutting off lifetime relationships.

If you want to preserve important family bonds while still being true to your values and political beliefs, this in-person workshop will offer you:

- Insight into why family differences over politics are uniquely challenging
- Recognition of common roles that family members play in political conversations
- Strategies and skills for handling family political differences in a constructive way

Although the focus is on family relationships, you can use learnings in this workshop with any loved one. You'll laugh and have some fun in this workshop—it won't be all serious. After all, we all come from quirky families.

** This event is open to the media upon approval. Media contact: Ciaran O'Connor, ciaran@braverangels.org

This workshop is a free event brought to you by [Braver Angels](#) as part of our mission to depolarize America. Braver Angels is a 501(c)(3) non-profit. We invite you to consider a gift to Braver Angels; all donations are tax deductible. Your support will allow us to offer more workshops and debates with the ultimate goal of uniting America. To donate, click [here](#).

Sign up here:

[Families and Politics \(Central Maryland Braver Angels/Democracy Lab\) Registration, Tue, Oct 22, 2024 at 2:00 PM | Eventbrite](#)

OCTOBER SPECIAL CUU EVENTS

Cakes for the Queen of Heaven

Sunday, October 6th at 12:30 pm

Cakes curriculum will start this Sunday with members who signed up by sharing a meal together at noon. The class will start at 12:30 and will be approximately 2 hours long.

There is still room for other women to join the class. We will welcome those who would like to join us. Just a reminder that this curriculum was developed for women to explore the pre Judeo-Christian religions focusing on the reverence for the different Goddess religions.

Class dates: 10/6, 10/13, 10/20, 11/3 & 11/17. This is for the first part. The second part will consist of 6 classes that I will pick up again in February for a total of 11 classes between both sessions.



DINNER AT GLYNDON GRILL

Thursday, October 10th at 6:00 pm

Join friends for an in-person dinner.

Call Beth Schilpp at 443-904-1304 by 4pm on October 9th if you can attend so a reservation can be made.



OCTOBER SPECIAL CUU EVENTS

"Quilt Look" Card Class Saturday, October 19th at 1:00 pm

Class Taught by Arleen Graham

Join the FUN! Make 4 cards for \$25

All supplies provided except adhesive. Liquid adhesive recommended for these cards. If you have craft tweezers, they will be helpful.

Call Pamela by October 11th to reserve you space!
443-487-1299



OCTOBER EVENTS

LADIES WHO LUNCH every Wednesday at noon on Zoom

LADIES WHO LUNCH is a social Zoom gathering that is open to ANY woman who is a member or friend of CUU. We invite you to drop in any Wednesday between 12:00-1:00 pm. Whether you have 10 minutes to spare, or the full hour, you are welcome here!

Follow Zoom link on CUU Calendar to join.



CONGREGATIONAL LIFE COMMITTEE MEETING Monday, October 7th at 7:00 pm on Zoom

The Congregational Life Committee sponsors a variety of activities for friends and members of the congregation. Check the "CUUpdate" weekly announcements or the CUU website calendar for details. Everyone is welcome to attend.

Follow Zoom link on CUU Calendar to join.



CAREGIVERS SUPPORT GROUP Tuesday, October 8th at 5:30 pm on Zoom

Please Zoom in if you are or have been the physical or emotional caretaker for a loved one. We have no experts - this is just a place to share your issues and experiences.

Call Beth Schilpp at 443-904-1304 with any questions.

Follow Zoom link on CUU Calendar to join.



OCTOBER EVENTS

BOARD OF TRUSTEES MEETING

Wednesday, October 9th at 7:00 pm on
Zoom

Board meeting will be on Zoom for all who wish to attend.

Board meetings are open to all unless otherwise noted.

Follow Zoom link on CUU Calendar to join,



CUU VIRTUAL GAME NIGHT

Friday, October 11th at 7:00 pm on Zoom

Zoom in to play games just for fun. We do not really keep score. The games we have usually played are Scattergories, Tribond or Taboo - mainly because the owner of the game can also play. However, if you have another game that you think will work on Zoom, please come and we can try it. Call Beth Schilpp at 443-904-1304 with questions.

Follow Zoom link on CUU Calendar to join.



OCTOBER EVENTS

NIGHT-BY-NIGHT: FOOD PROGRAM

Friday, October 18th at 6:15 pm

Every third Friday of the month we provide dinner for approximately 40+ homeless in Carroll County, a community service CUU has provided for over ten years.

Mark your Calendar! In addition to the Friday dinners, on Saturday, October 5th at 12 noon we will serve 80-100 lunches at the Westminster Church of the Brethren. We often make about 10 sandwiches each and add salads, chips and dessert. Donations of food and money are both appreciated.

Contact Pamela Malkin at 410-857-5071 if you'd like to help.



MONDAY MUSINGS

Monday, October 21st at 7:00 pm on Zoom

Monday Musings is facilitated by Beth Schilpp. Ideas from *Spirit Circle* are discussed, as they relate to the theme of the month.

Follow Zoom Link on CUU Calendar to join.



DRINKS AND DESSERT

Friday, October 25th at 7:00 pm on Zoom

This is our no agenda social time – come with or without drinks and dessert to chat and enjoy each other. Maybe share your summer stories or whatever you wish.

Follow Zoom link on CUU Calendar to join.





CONTACT

Telephone: 410-861-8820

Email: Outreach@CedarhurstUU.org

Web address: <http://www.cedarhurstuu.org>

President: Becky Zimmerman BoardPresident@cedarhurstuu.org

Vice President: Sherry Dean sherrydeann21@gmail.com

At Large Board Members:

Steve Hirsch steveh46@yahoo.com

David Pittman d.s.pittman@verizon.net

Minister: Reverend Kimberley Debus minister@cedarhurstuu.org

Treasurer: Lisa Miller Treasurer@cedarhurstuu.org

Outreach Coordinator: Nalina White Outreach@cedarhurstuu.org

Header and calendar photos by Mark Pollitt

OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 12pm Ladies Who Lunch	3	4	5
6 10:30am Sunday Service	7 7 pm Congregational Life Committee Meeting	8 5:30 pm Caregivers Support Group	9 12pm Ladies Who Lunch 4 pm Rev. Kimberley's Office Hours 7pm Board of Trustees Mtg	10 6 pm Dinner at Glyndon Grill	11 7pm CUU Virtual Game Night	12
13 10:30am Sunday Service 12 pm Book Club	14	15	16 12pm Ladies Who Lunch 4 pm Rev. Kimberley's Office Hours 7:30 pm Worship Committee Mtg	17	18 6:15pm Night-by-Night Shelter Dinner	19 1 pm Card Making with Arleen Graham
20 10:30am Sunday Service	21 7 pm Monday Musings	22	23 12pm Ladies Who Lunch 4 pm Rev. Kimberley's Office Hours	24	25 7pm Drinks and Dessert	26
27 10:30am Sunday Service	28	29	30 12pm Ladies Who Lunch 4 pm Rev. Kimberley's Office Hours	31		
NOTES:						