

# THE COMPANION

CUU'S MONTHLY NEWSLETTER

## MINISTER'S MESSAGE

Written by Rev. Amy Williams Clark

By now, most of you know that I will be leaving CUU in March, with my last office hours on March 6 and my last Sunday on March 17th. It has been a pleasure to be in ministry with Cedarhurst – you truly are a great congregation and I will miss you a great deal.

On March 3, I will begin as Chaplain Lead at Bridging Life Hospice. It is an opportunity to fulfill my call to spiritual care ministry and a full-time position. It is a good move for me and it will be hard to leave you. My full pastoral letter can be found here ([link](#)).

My office hours will be in person throughout February and I have extended my office hours to 3-6 on Wednesdays so that we can have an opportunity to say good bye. Please stop by – I would love to see you and spend time with you. I am also available for one-on-one appointments.

Until I leave I will be your minister and part of my ministry is to share a newsletter article. I wrote this article before I had news to tell and I would like to share it with you.

“Equality is everyone getting a pair of shoes.

Diversity is everyone getting a different type of shoe.

Equity is everyone getting a pair of shoes that fits.

Acceptance is understanding we all wear different kinds of shoes.

Belonging is wearing the shoes you want without fear of judgement.”

– Kathleen M. Cleaver

I recently saw the above quote on Facebook. With each sentence a shoe was pictured: Converse for Equality, stiletto shoe for diversity, tennis shoe for equity, hiking shoe for acceptance, and Crocs for belonging.



minister@cedarhurstuu.org  
202-579-0823  
Office Hours  
Wednesdays 3:00-6:00pm on  
Zoom





“JUSTICE MINISTRIES ARE ALSO A WAY TO EXPRESS OUR SPIRITUALITY BY BRINGING OURSELVES OUT OF OURSELVES AND INTO THE WORLD.”

## Soul Matters Quotes

I am no longer accepting the things I cannot change. I am changing the things I cannot accept. *-Angela Davis*

If you are neutral in situations of injustice, you have chosen the side of the oppressor. *-Desmond Tutu*

When I give food to the poor, they call me a saint. When I ask why the poor have no food, they call me a communist. *-Hélder Câmara*

It is a wonderful illustration to understand the differences between terms. I was particularly struck by the words for equality “everyone getting a pair of shoes.” The message underlying this is you will get a pair of shoes, but they may be unusable because they do not fit or are otherwise inappropriate for your needs. It also reminds us that equity is not enough because you may have shoes that fit, but they may be inappropriate for your needs. Belonging on the other hand is having and wearing shoes that celebrate who you are.

This month’s Soul Matters theme is Justice and Inclusion. Key to who we are and Unitarian Universalism is our justice ministries. These bring love into being and bring more hope and justice into the world. Justice ministries are also a way to express our spirituality by bringing ourselves out of ourselves and into the world.

Justice and inclusion have always been part of the Unitarian Universalist ethos, but we have not always lived into this vision. In the last few years, we have become clear that justice and inclusion is part of liberatory love – we need to find inclusion for all people in our congregations and who wish to be in our congregations. This means being serious about inclusion of Trans people and non-binary people. It also means that we need to look closely at our systems and policies so that racism and classism do not exclude or cloud the work we do.

This month we will continue to look at the theology of justice and inclusion and how it plays out in CUU. Cedarhurst is known in the community as a justice seeking community providing care to the community. It is something to be proud of, as well as knowing that you have integrated justice and inclusion into your lives.

Let us continue to make love and justice at the heart of our ministry and seek for everyone to find belonging with us.

Grace and Peace, Rev. Amy







## PRESIDENT'S MESSAGE

Written by Pres. Becky Zimmerman

*"Sometimes the sweetest things are somehow sad."  
Winnie the Pooh*

When I started writing my column for the February Companion a few weeks ago, I had no idea our beloved Rev. Amy would be announcing her departure from Cedarhurst. "What a week" would be a huge understatement.

Amy and I took some time on the phone last week to sit with, and celebrate, her career move to full time chaplaincy, and Chaplain Lead at that! It is a very exciting soon-to-begin chapter in her life, and I invite you to let the good news for Amy gently settle in, and to share her joy at this opportunity.

At the same time, I know that change is never easy, and we at Cedarhurst will need to lean on each other in the coming weeks and months as this change of ministerial leadership becomes a reality.

Over the past almost nine years, Amy has helped us become a more beloved community – by encouraging long-time members to heal from, and let go of, past division and conflict that had left CUU smaller in size and struggling to redefine its identity. And Amy has welcomed our visitors and new members, conducted the new members classes which she really enjoys, and offered adult religious exploration and spiritual formation classes.



boardpresident@cedarhurstuu.org  
443-789-1886  
9 am – 9 pm



Amy has also lived her values, as a minister who shows up to do the work of social justice, on the local, regional, and national front. She walks the walk. Her messages to us from the pulpit have been inspiring and thought-provoking.

She has been there for many of us as a caring pastor, skilled in guiding us through personal, work, or family difficulties. She has officiated at several celebrations of life at CUU. And throughout the pandemic, she made herself available on Zoom and by phone as we faced issues of loneliness, illness, anxiety, and more.

All these aspects of Rev Amy's ministry with us will be missed. I would add that I have truly enjoyed working with Amy in my role as your Board President. Her sharing of my belief in a bright future for Cedarhurst, and her support of the work of the Board – always being there to help but never to dominate – have made for a trusting working relationship that I will miss.







## Special Announcements



### Celebration of Life

Brenda Jo D'Antoni invites you to share a Celebration of the Life of her Aunt Libby, Elizabeth Jane Hunt. Saturday, February 3rd at 11am. Refreshments will be served. All are welcome.



## Sunday, February 4th

This Sunday, February 4, Lenore Bajare-Dukes, our primary contact from the UUA will be attending the service, followed by lunch for everyone provided by the Board, and then she'll facilitate a 2-3 hour sharing session with us beginning at 12:15. I highly encourage you to attend. This is an opportunity to share your hopes and dreams for Cedarhurst, as we also process the news of Rev. Amy's upcoming (mid-March) ministry move to full-time chaplaincy. We will also talk about how Religious Education for children fits into the picture at Cedarhurst.

**PLEASE NOTE:** the workshop at 12:15 will be in-person, however you may get on Zoom (same link as Sunday service) to listen to and observe the workshop. This is due to the hands-on, group participation nature of Lenore's workshop. You may submit your hopes & dreams for CUU ahead of time to Becky at [boardpresident@cedarhurstuu.org](mailto:boardpresident@cedarhurstuu.org). She will see that they are included! Thank you for understanding.





## Special Announcements

### Goo Goo Ga Ga

IF YOU KNOW ANYONE WHO SPEAKS THE LANGUAGE OF INFANTS AND TODDLERS, PLEASE SEND THEM OUR WAY. CUU IS CURRENTLY LOOKING FOR A PAID NURSERY ATTENDANT TO JOIN THE STAFF.

IF YOU HAVE A TEENAGE NEIGHBOR, GRANDCHILD, OR A MATURE FRIEND WHO MIGHT BE INTERESTED IN SPENDING TIME HERE ON SUNDAY MORNINGS, PLEASE LET BECKY ZIMMERMAN, BOARD PRESIDENT, KNOW.

WE ARE CURRENTLY RE-VAMPING OUR RE PROGRAM AND THE PAID NURSERY ATTENDANT IS OUR FIRST STEP.



Do we have any budding or closet photographers in the group?

We'd love to see your photos from CUU events!

They might get shared in our Weekly Newsletter, monthly *Companion*, or even placed on the Website!

Please share your event photos with Nalina at [outreach@cedarhurstuu.org](mailto:outreach@cedarhurstuu.org)





## Special Announcements



**It isn't too early to plan your summer vacation!**

**Consider Summer Institute as a perfect vacation for the whole family. Spend a week with a few hundred UUs and make some life-long friends.**

**Summer Institute 2024: July 7th-13th**

**Summer Institute 2024 is going to be jam-packed full of fun, community, music and learning, back at Penn West California University.**

**Theme Speaker is Rev. Julian Soto, a UU minister and activist, presenting "Unlikely Superheroes: Skills for Practicing Faith and Ethics in Tough Times." Rev. Soto brings a remarkably loving presence and a depth of spiritual leadership. Prior to being a minister, they were also a teacher and a lawyer. Each of these has been a way for them to engage with people, with transformation, and with the goal of making the world a better place.**

**In peace and love, The Summer Institute Planning Committee**

**[CLICK HERE FOR MORE INFO](#)**



# SPACES AVAILABLE FOR AUCTION EVENTS



LOOKING FOR THINGS TO DO IN THE COMING MONTHS?

THERE ARE MANY AUCTION EVENTS THAT STILL HAVE AVAILABLE SPACES.

CHECK OUT THE EVENTS BELOW AND CONTACT LINDA JOY AT [LINDA.JOY@VERIZON.NET](mailto:LINDA.JOY@VERIZON.NET) OR TERRI DON EBAUGH AT [TERRIDONEBAUGH@GMAIL.COM](mailto:TERRIDONEBAUGH@GMAIL.COM) IF YOU'D LIKE TO ATTEND!

Donor	Event	Event Date	Donation	Spaces open
Night-by-Night Shelter Cooks and Shoppers	The Taste of Home	02/24/24	\$20	20
Beth Blevins and Becky Zimmerman	Dance Party!	03/02/24	\$20	10
Sherry & Rich Dean	Toby's Dinner Theater	03/22/24	\$60	1
Gerald Galuardi and Barb Bradley	An Afternoon of Live Music and Refreshments	04/07/24	\$25	24
Dave Joy	Pool Party (clothing optional)	07/06/24	\$35	9
Linda & Dave Joy	Pool Party (clothing required)	07/20/24	\$35	4

# FEBRUARY EVENTS



## Ladies Who Lunch every Wednesday at noon on Zoom

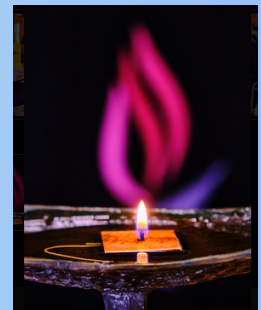
LADIES WHO LUNCH is a social Zoom gathering that is open to ANY woman who is a member or friend of CUU. We invite you to drop in any Wednesday between 12:00-1:00 pm. Whether you have 10 minutes to spare, or the full hour, you are welcome here!



Follow Zoom link on CUU Calendar to join.

## New Members Class every Wednesday at 6:00pm in-person and on Zoom

Rev. Amy invites new members to join her for four weeks beginning February 7th. In this class new members will learn about Unitarian Universalism and have the opportunity to ask all their questions. Classes will be held both in person and via Zoom. Come, gather together for an opportunity to learn, join our community, and have fun!! Each session will be one hour in length—come and join the gang! Follow Zoom link on CUU Calendar to join.





# FEBRUARY EVENTS

## Workshop For All!

Sunday, February 4th at noon in-person and on Zoom

Lunch and Workshop with our UUA primary contact, Lenore Bajare-Dukes. See page 5 for full description. Hope you can make it!



## CUU Virtual Game Night

Friday, February 9th at 7:00pm on Zoom

Let's get together and play games on Zoom! We have usually played Tribond, Taboo or Scattergories, but are always open to other suggestions. We try to choose games that everyone can play. The more who play, the more fun we have! We do not seriously keep score...the goal is to have fun.

Contact Beth Schilpp at 443-904-1304 with questions.

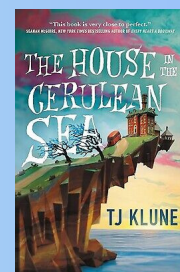
Follow Zoom link on CUU Calendar to join.



## Book Club

Sunday, February 11th at noon on Zoom

The book for February is *The House in the Cerulean Sea* by T.J. Klune. This is a story about the profound experience of discovering an unlikely family in an unexpected place and realizing that family is yours. According to some reviewers, you will fall in love with the characters. Follow Zoom link on CUU Calendar to join.







# FEBRUARY EVENTS

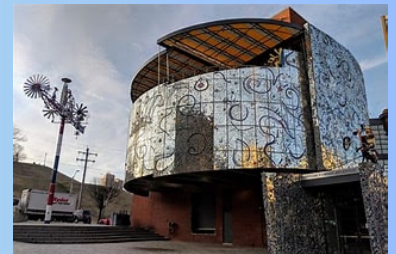
## Caregivers Support Group Tuesday, February 13th at 5:30pm on Zoom

If you currently or in the past have been a physical or emotional caretaker for someone else, please Zoom in to share your experience. We have no experts, just individuals who wish to support each other. Newcomers are always welcome. Contact Beth Schilpp at 443-904-1304 with questions. Follow Zoom link on CUU Calendar to join.



## Visionary Arts Museum Thursday, February 15th at 10:00am

Meet at CUU at 10am to carpool to the museum which is in the Baltimore Inner Harbor area. This museum features folk art – most of the artists are not traditionally trained and many have been in prison or other institutions, but the exhibits are very interesting and unique. Admission is \$13.95 for those age 60+ and \$15.95 for other adults. If the Museum Café is not available, we shall find another place in the area for lunch. Call Beth Schilpp at 443-904-1304 with questions.



## Night-by-Night Shelter Dinner Friday, February 16th at 6:15pm

Cedarhurst UU has provided food for Westminster's Night to Night Shelter for over 15 years. The shelter is managed by Human Services Programs, a Carroll County non-profit. Anyone can come and get a hot meal and warm place to sleep at the Night to Night Shelter, located near Westminster Senior Center. Whereas the housing, washer/dryer and showers are provided, dinner is donated by local volunteers. Cedarhurst UU has committed to provide a meal every third Friday of the month. We began serving 20-25....but recently, numbers have gone up to 40!



Interested in helping provide food or drinks? Contact Pamela Malkin at 410-857-5071.



# FEBRUARY EVENTS

## Monday Musings Monday, February 19th at 7:00pm on Zoom

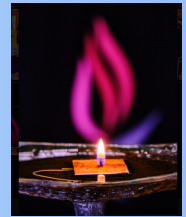
Rev Amy facilitates discussions based on quotes from the UUA on the theme of the month. The February theme is Justice & Equity.



All are welcome to join; no preparation needed.  
Follow Zoom link on CUU Calendar to join.

## Worship Committee Meeting Tuesday, February 20th at 7:00pm on Zoom

Interested in helping to create the Sunday worship services?  
Then this is the committee for you! All are welcome.  
Follow Zoom link on CUU Calendar to join.



## Board of Trustees Meeting Wednesday, February 21st at 6:00pm in-person and on Zoom

Board meeting will be in-person with a Zoom option for guests who wish to attend.

Board meetings are open to all unless otherwise noted.

Follow Zoom link on CUU Calendar.





# FEBRUARY EVENTS

## Drinks & Dessert Friday, February 23rd at 7:00pm on Zoom

This is our no agenda social time - come with or without drinks and dessert to chat and enjoy each other. Maybe share your holiday stories or whatever you wish. Follow Zoom link on CUU Calendar to join.



## Taste of Home Dinner Saturday, February 24th at 5:00pm

Shelter cooks provide a meal to benefit CUU

Every month, eight members (and friends) of CUU team up to provide a meal for those who are spending the night at the Night-by-Night Shelter in Westminster, located near the Westminster Senior Center. As the food arrives, we all ooh and aaaah over the mouth-watering dishes. We are dying to try the food! This is our answer! Feed our friends at Cedarhurst and join in the feast!

For just \$20 a person, enjoy the amazing "Taste of Home" at Cedarhurst Unitarian Universalists. Our cooks and shoppers will prepare one of their favorite dishes for all of us to enjoy. Variety/choice is the aim, so no one goes hungry. We usually cook for 40 people, so there is plenty of room for everyone! Friends, spouses and children are welcome.

Please let us know if you have any food allergies/restrictions. Reserve your place by contacting Linda Joy at [Linda.Joy@verizon.net](mailto:Linda.Joy@verizon.net) or Terri Ebaugh at [terridonebaugh@gmail.com](mailto:terridonebaugh@gmail.com) if you'd like to attend!

Payment can be in advance or at the door.





# FEBRUARY EVENTS

## Congregational Life Committee Meeting

Sunday, February 25th at noon on Zoom

The Congregational Life Committee sponsors a variety of activities for friends and members of the congregation. Some events remain on Zoom, while others are in-person. Check the “CUUpdate” weekly announcements or the CUU website calendar for details. The committee meets on Zoom on the 4th Sunday of the month at noon and anyone is welcome to attend. Follow Zoom link on CUU Calendar to join.



## Dinner at Little Georgia Thursday, February 29th at 6:00pm

Celebrate Leap Year by joining friends from CUU for dinner at Little Georgia which is a Russian restaurant. The address is 2 Hanover Pike, Reisterstown 21136. It is located across the street from Royal Farms and there is plenty of parking in the back. Please call Beth Schilpp at 443-904-1304 by 5pm on February 28th so reservations can be made.



## Minister's February Office Hours

In-Person and on Zoom Wednesdays 3:00-6:00pm

Rev. Amy's office hours for February will be on Wednesdays, in-person and on Zoom.

Rev. Amy is always available for urgent pastoral matters and can be reached via phone or text. 202-579-0823

Interested in receiving more information on events?

Contact Nalina at [outreach@cedarhurstuu.org](mailto:outreach@cedarhurstuu.org) to be added to our weekly CUUpdate mailing list!



# SAVE THE DATE

## Trip to the National Cryptologic Museum Thursday, March 21st, Time TBD

"The National Cryptologic Museum houses thousands of artifacts that collectively serve to sustain the history of the cryptologic profession. Here visitors can catch a glimpse of some of the most dramatic moments in the history of American cryptology: the people who devoted their lives to cryptology and national defense, the machines and devices they developed, the techniques they used, and the places where they worked. For the visitor, some events in American and world history may take on a new meaning. For the cryptologic professional, it is an opportunity to absorb the heritage of the profession."



## A Trip to Sherwood Gardens Thursday, April 11th, Time TBD

"Sherwood Gardens, famous for its annual tulip display, was created in the 1920's by John W. Sherwood whose home bordered the Park. Mr. Sherwood indulged his passion for tulips by importing tens of thousands each year for planting tulip beds on his property surrounding the Park. Mr. Sherwood adhered to Olmsted Design Principles by creating a pastoral space with native plants, rare trees and flowering shrubs that were a fitting backdrop for his beloved tulips."



# CONTACTS

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President: Becky Zimmerman [BoardPresident@cedarhurstuu.org](mailto:BoardPresident@cedarhurstuu.org)

Vice President: Sherry Dean [sherrydeann21@gmail.com](mailto:sherrydeann21@gmail.com)

At Large Board Members:

Cindy Hirshberg [cdh2010@aol.com](mailto:cdh2010@aol.com)

Steve Hirsch [steveh46@yahoo.com](mailto:steveh46@yahoo.com)

Treasurer: David Pittman [Treasurer@cedarhurstuu.org](mailto:Treasurer@cedarhurstuu.org)

Outreach Coordinator: Nalina White [Outreach@cedarhurstuu.org](mailto:Outreach@cedarhurstuu.org)

**Headers , liners, and calendar photos by Mark Pollitt**



# February 2024

SUN	MON	TUE	WED	THU	FRI	SAT
4 10:30am Sunday Service 12pm Lunch/Workshop for All	5	6	7 12pm Ladies Who Lunch 3-6pm Rev Amy's Office Hours 6pm New Members Class	8 1 2	9 7pm CUU Virtual Game Night	3 11:00am Memorial Service for Elizabeth Jane Hunt
11 10:30am Sunday Service 12pm Book Club	12	13 5:30pm Caregivers Support Group	14 12pm Ladies Who Lunch 3-6pm Rev Amy's Office Hours 6pm New Members Class	15 10am Visionary Arts Museum	16 6:15pm Night-by-Night Shelter Dinner	10 17
18 10:30am Sunday Service	19 7pm Monday Musings	20 7pm Worship Committee Meeting	21 12pm Ladies Who Lunch 3-6pm Rev Amy's Office Hours 6pm New Members Class 7pm Board of Trustees Mtg	22	23 7pm Drinks & Dessert	24 5pm Taste of Home Dinner
25 10:30am Sunday Service 12pm Congregational Life Committee Meeting	26	27	28 12pm Ladies Who Lunch 3-6pm Rev Amy's Office Hours 6pm New Members Class	29 6pm Dinner at Little Georgia		