



Cedarhurst
Unitarian
Universalists



P.O. Box 358 Finksburg, MD 21048

FROM THE MINISTER

As Fall begins, so does our congregational year. And with it, many programs also begin, including our new member class on Wednesdays of this month. On Wednesdays you can also find me in the office for office hours, but I am also available to you other days of the week. All you need to do is pick up the phone, text, or catch me after services to make an appointment.

As your minister, I am here for your spiritual needs as well as worship and programming. You are my priority and I am here for you in urgent times as well as regular days. When I was a lay person, I would often wonder when to call my minister. As your minister, I want to help you know when to call me. The list below is adapted from the website of the Unitarian Universalist Community Church of Augusta Maine.

When to call me as your minister:

- When you just want to talk.
- When you are looking for a way to deepen your spiritual life.
- When you have questions of faith and you would like me to visit with you.
- When your children have questions of faith and you would like me to visit with them.
- When you have religious or spiritual questions.
- When you are celebrating one of life's joys and want to share the good news.
- When your family has joys and accomplishments to share with their minister.
- When you are feeling sad, lonely, or lost.
- When you have lost your job, found a new job, been promoted or demoted.

FROM THE MINISTER cont.

- When you or a family member is ill.
- When you are going to the hospital or know of someone else in the congregation who is.
- When someone close to you has died or is critically ill or you're dealing with a significant loss of some kind.
- When you would like to make plans for a memorial service. When you would like to make plans for your memorial service.
- When you are planning to be married. When you are challenged by the demands of marriage. When you are separated or planning to get a divorce.
- When you are pregnant and glad you are or wish you weren't, also if you want to be pregnant but aren't.
- When you are challenged by life's daily happenings.
- When you don't know me, but would like to.
- When your family doesn't know me, but would like to.
- When you feel ready to join the congregation.
- When you want to share your experience of or appreciation for our beloved community. When you have concerns about the church or our faith community.
- When you have a good story to share.
- When you just want to share time with me.

Grace and Peace,

Rev. Amy



FROM THE MINISTER - Water Communion



Last month we had our Water Communion, which is also known as Water Ceremony. It is a ritual that CUU has practiced since our inception. Every year we each bring a small offering of water that symbolizes somewhere or something special to us. We pour the water into one bowl. This symbolizes our unity; although we are individuals, we come together as a whole in community.

Our recent Water Communion ceremony at Cedarhurst was moving, as each person came to share their wishes and visions for the new year or shared the symbolism of the water. More than one person brought water from Cedarhurst to symbolize the feeling of spiritual community that they find here.



Water communion is a quintessential part of Unitarian Universalist Congregations. It originated in 1980 at the Women and Religion Continental Convocation of Unitarian Universalists and was created by Carolyn McDade and Lucile Schuck.

FROM THE BOARD PRESIDENT

As I write, I am sitting in the sanctuary at Cedarhurst, waiting on a contractor. It is a gorgeous weekday afternoon, and in the stillness I look around at our beautiful space here. The natural wood walls and high, slanted ceiling (there's probably an architectural name for that) give me a cozy feeling, like a warm mountain cabin after a long winter hike.



Photo by Mark Pollitt

I also notice some of the ways we welcome people into this space, like the child-size tables and chairs in the back of the sanctuary, ready for young visitors to draw and cut and paste to their heart's content. Our beautiful sign outside lets the public know that we welcome people of all skin tones, people of all gender identities & sexual orientations, people who love who they love.

I find myself thinking "What else can we be doing beyond furniture and signs that proactively welcomes everyone to our space?" On Sunday mornings, we can greet people by name (nametags come in handy...) before the service, and personally invite them to stay for refreshments and conversation after the service. We can make sure we limit "business talk," in favor of conversations where we get to know others better, and let them get to know us.

UU's are not typically evangelical by nature, but we can let friends or family know about our congregation and why we like it. That's not proselytizing. It's sharing something good, and someone might need to hear about a place like Cedarhurst UU. What ideas do you have that promote inclusion and welcoming?

FROM THE BOARD PRESIDENT cont.

On another topic, I am working with our Outreach Coordinator & Administrative Assistant, Nalina, on improving CUU's website. She needs your current & future photos from CUU events! Just ask permission from participants, and click away. Nalina will do the editing.

Email your pics to: outreach@cedarhurstuu.org

The October meeting of the Board will be in person on Wednesday 10/11 at 7:00 pm. We will be looking at our building and discussing repairs and possible renovation projects, among other things. This is an open meeting.

Happy fall!

Becky Zimmerman

boardpresident@cedarhurstuu.org

443-789-1886 9 am – 9 pm





SATURDAY, NOVEMBER 4 at 11:30 A.M.

What is that? Ask any member who has attended in the past. They will tell you it is the biggest and most fun social event of the year. Our auction features delicious food, fellowship, and an opportunity to set-up your social calendar for the upcoming year.

The auction will feature many items on which you can bid, such as dinners, delicious cakes, many types of parties, or a few hours of someone's time to help in your garden or do some handyman work. There will also be items such as a basket of crafts to do, a wool coverlet with beautiful blue crewel flowers, 4 charcoal pictures, a camera tripod, and the list goes on. There will also be events in the Silent Auction with fixed prices; there should be something for everyone.

Our auction is more than an essential fundraiser. It is how we meet others and connect with old and new friends while providing vital donations to our beloved congregation.

There is still time **until October 8th to submit your donations.** Forms have been sent out to your email addresses and are also available at CUU on Sunday from Beth Schilpp.

Doors open at 11:30 with lunch to follow.

The Silent Auction will begin at 11:45 and close at 12:45.

Take your seats directly after so **the Live Auction can begin at 1:00.**

Auction Committee: Terri Ebaugh (terridonebaugh@gmail.com), Linda Joy (linda.joy@verizon.net), Barb Bradley, Beth Schilpp, Sherry Dean, Cindy Hirshberg, Sharon Kennedy

WHAT'S HAPPENING AT CEDARHURST UU

Calendar is subject to change. Check the website calendar [here](#) for most current schedule.

1 October	Sunday	Sunday Service—In-person & on Zoom	10:30 AM
4 October	Wednesday	Ladies Who Lunch	12:00 PM
4 October	Wednesday	Minister Office Hours	4:00 PM
4 October	Wednesday	New Members Class	6:00 PM
8 October	Sunday	Sunday Service—In-person & on Zoom	10:30 AM
8 October	Sunday	CUU Book Club	12:00 PM
10 October	Tuesday	Caregivers Support Group	5:30 PM
11 October	Wednesday	Ladies Who Lunch	12:00 PM
11 October	Wednesday	Minister Office Hours	4:00 PM
11 October	Wednesday	New Members Class	6:00 PM
11 October	Wednesday	Board of Trustees Meeting - In-Person	7:00 PM
14 October	Saturday	Pick Your Own Card Kit Class	10:00 AM
14 October	Saturday	CUU Virtual Game Night	7:00 PM
15 October	Sunday	Newcomer's Breakfast`	9:00 AM
15 October	Sunday	Sunday Service—In-person & on Zoom	10:30 AM
16 October	Monday	Monday Musings	7:00 PM
17 October	Tuesday	Worship Committee Meeting	7:00 PM
18 October	Wednesday	Ladies Who Lunch	12:00 PM
18 October	Wednesday	Minister Office Hours	4:00 PM
18 October	Wednesday	New Members Class	6:00 PM
20 October	Friday	Night-by-Night Shelter Dinner	6:15 PM
21 October	Saturday	Small Group Lunches/Dinners	
22 October	Sunday	Sunday Service—In-person & on Zoom	10:30 AM
22 October	Sunday	Congregational Life Committee Meeting	12:00 PM
25 October	Wednesday	Ladies Who Lunch	12:00 PM
25 October	Wednesday	Minister Office Hours	4:00 PM
25 October	Wednesday	New Members Class	6:00 PM
27 October	Friday	Drinks & Dessert	7:00 PM
29 October	Sunday	Sunday Service—In-person & on Zoom	10:30 AM

ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

LADIES WHO LUNCH – Every Wednesday at noon on Zoom



LADIES WHO LUNCH is a social Zoom that is open to ANY woman who is a member or friend of CUU. We invite you to drop in any Wednesday between 12:00-1:00 pm. Whether you have 10 minutes to spare, or the full hour, you are welcome here! Follow Zoom link on CUU Calendar to join.

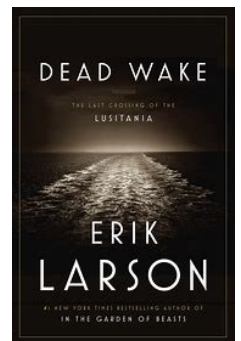
October - New Members Class begins—Every Wednesday at 6:00pm

Rev. Amy invites new members to join her for six weeks beginning October 4th. In this class new members will learn about Unitarian Universalism and have the opportunity to ask all their questions. Classes will be held both in person and via Zoom. Come, gather together for an opportunity to learn, join our community, and have fun!! Each session will be one hour in length—come and join the gang! Follow link on CUU Calendar to join.

CUU BOOK CLUB – Sunday, October 8th at noon on Zoom

The book for is *Dead Wake* by Erik Larson. This book is found in the history section or World War I. It is an exceptionally researched book about the sinking of the Lusitania and the events leading up to that event.

"Dead Wake may be a work of nonfiction, but it has all the freshness, immediacy, and dramatic tension of a contemporary thriller or spy novel. Indeed, Larson conjures this sad chapter of maritime history in a way that both illuminates and leaves us demanding more. After finishing Dead Wake, readers will find themselves devouring Larson's copious footnotes, googling photographs of the Lusitania, and poring over vintage film clips of the liner as it leaves New York on its final, fateful voyage." -- Columbia Magazine



We'd love to have new folks participating in this group. This is the last book that has been selected for 2023 so new and old members of this group – bring some suggestions for the rest of the year. Call Beth Schilpp at 443-904-1304 with questions. Follow Zoom link on CUU Calendar to join.

ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

CAREGIVERS SUPPORT GROUP – Tuesday, October 10th at 5:30pm on Zoom

On the Second Tuesday of the month at 5:30pm is the Cedarhurst Caregiver Support group. If you are or have been a physical or emotional caregiver, please Zoom in to share your experiences, vent a bit or just listen. Our goal is to support each other. Follow Zoom link on CUU Calendar. Call Beth Schilpp at 443-904-1304 if you have trouble getting onto Zoom.



BOARD OF TRUSTEES MEETING - Wednesday, October 11th 7:00pm In-Person and on Zoom

Board meetings are open to all unless otherwise noted. Follow Zoom link on CUU Calendar.

PICK YOUR OWN CARD KIT CLASS – Saturday, October 14th at 10:00am

Card kits were pre-ordered by participants for this class, so it is a closed event.

CUU VIRTUAL GAME NIGHT – Saturday, October 14th at 7:00pm on Zoom

Zoom in to play games with CUU friends! We usually play Tribond, Taboo, or Scattergories, but are always open to new ideas. We do not keep score - just have a lot of fun! Contact Beth Schilpp with questions.



ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

Newcomer's Breakfast – Sunday, October 15th at 9am

If you have visited CUU for the first time since the pandemic, you are especially invited to breakfast on the 15th. Just bring yourself and your family. It is a time for all of us to share how we got to CUU and to get to know each other a little better. While newcomers are particularly invited, if you have never been to a newcomer breakfast, please come to this one.

Reservations are not required, but if you have any special food allergies etc., please call Beth Schilpp at 443-904-1304 so we can make sure to accommodate everyone.

MONDAY MUSINGS – Monday, October 16th at 7:00pm on Zoom



Rev Amy facilitates discussions based on quotes from the UUA on the theme of the month. The September theme is *Welcome*. All are welcome to join; no preparation needed. Follow Zoom link on CUU Calendar.

WORSHIP COMMITTEE MEETING – Tuesday, October 17th at 7:00pm on Zoom

Interested in helping to create the Sunday worship services?

Then this is the committee for you! All are welcome.

Follow Zoom link on CUU Calendar.

NIGHT-BY-NIGHT: FOOD PROGRAM – Friday, October 20th at 6:15pm

Every third Friday of the month we provide dinner for approximately 30 homeless in Carroll County, a community service CUU has provided for over ten years.

Interested in helping provide food or drinks? Contact Pamela Malkin.



ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

Small Group Lunches/Dinners - Saturday, October 21st

The sign up sheets are now at the CUU welcome table for the small group meals.

The dinners/lunches are held in our homes and the group including the host(s) is usually 6 to 8 people. The host normally prepares the main dish and asks the guests to bring the sides and dessert. Keep it simple - the goal is to have a meal and get to know each other a little better.

If you are able, please sign up to participate in a dinner or lunch as a host or guest or either one. If you are a host, indicate how many guests you can accommodate. Everyone should also indicate any food issues/needs. **THE LAST DAY TO SIGN UP IS SUNDAY, OCTOBER 15th at 11:30am.** The Congregational Life Committee will assign guests to hosts immediately afterward and will notify each host who will then contact their guests to determine what they can bring.

Call Beth Schilpp at 443-904-1304 with questions.

CONGREGATIONAL LIFE COMMITTEE MEETING — Sunday, October 22nd at noon on Zoom

The Congregational Life Committee sponsors a variety of activities for friends and members of the congregation. Many of these are on Zoom as the result of COVID, but we are moving toward more in-person events. The committee meets on Zoom on the 4th Sunday of the month at noon and anyone is welcome to attend.

Follow Zoom link on CUU Calendar to join.

DRINKS AND DESSERT – Friday, October 27th at 7:00pm on Zoom

This is our no agenda social time – come with or without drinks and dessert to chat and enjoy each other. Maybe share your holiday stories or whatever you wish.

Follow Zoom link on CUU Calendar to join.



Interested in receiving more information? Contact Nalina at outreach@cedarhurstuu.org to be added to our weekly CUUpdate mailing list!

ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

GRIEF GROUP –

Grief Group will reconvene again this year. If you are interested in attending, please contact Rev. Amy at minister@cedarhurstuu.org.

NEW MINISTER OFFICE HOURS

Wednesdays In-Office Meetings 4:00-6:00pm

Rev. Amy's Office hours for the Fall are now on Wednesdays, in-person only.

Feel free to stop in any time.

Reminder: Rev. Amy is always available for urgent pastoral matters and can be reached via phone or text.

SAVE THE DATE

Saturday – November 25th – Check out the Festival of Wreaths at the Carroll County Arts Center at 5pm at 9 W. Main St in Westminster (Free Admission).



“A holiday wonderland of creativity and generosity! This event features over 100 unique theme wreaths and holiday art pieces that range from whimsical to wacky to wonderful! The wreaths are sold through an online auction that benefits the Arts Council. Now in its 26th year, the Festival of Wreaths at the Carroll Arts Center has traditionally been one of the most eagerly awaited holiday events in the County. While all the bidding is done online, the Arts Center still hosts a cheery display of all the entries for patrons to visit!”



At 6pm walk to Mediterraneo at 132 W. Main St. for dinner.

Thursday, December 7 – Lunch at Bistro 91 in the Finksburg Shopping Center.



CONTACT

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