

May 2023

Volume 5



Cedarhurst
Unitarian
Universalists



P.O. Box 358 Finksburg, MD 21048

FROM THE MINISTER

My Grandmother was an artist. Her watercolors seemed to come to life, and her porcelain pieces are works of art. She taught me to draw and paint. I remember her patiently teaching me the types of pencils and how to mix colors to create paintings and works of art.

I am definitely not an artist, though I love to work with different mediums. I will draw with pastels, create with colored pencils, and paint with water colors. Each piece is an “Amy original,” but I can always hear in the back of my mind the lessons of my grandmother and imagine her exasperation.

When I was first married, I read *In Search of Our Mother’s Gardens* by Alice Walker. In this book, Walker speaks of artistry being found in the “everyday” traditional work of women. She speaks of her mother planting a garden whenever they moved as share croppers and how she could bring an artistry of gardens out of even the densest of clay. She moves then to writing of quilts, not the ones that are displayed, but the ones made for everyday use. She names the scraps of material left from sewing other garments matched with the pieces from worn out clothes and how these create art, art that was taken for granted as people slept. She also talks of cooking everyday meals for her poverty-stricken family and how her mother would take simple ingredients to create nutritious meals. Alice Walker named these things as art and went on to describe other activities that were considered “women’s work” as works of master artists.

FROM THE MINISTER cont.

I read this early in my marriage, when I was setting up my home and planning meals. These were things that my mother taught me to do and I only saw as chores. Suddenly, with the words of Walker, our second-hand furniture took on elements of an artist's medium and cooking became times for creativity. I began to see within my home a place to find creativity in the smallest of jobs.

This is not to say that I now see all chores or tedious jobs as creative, but it was an opportunity to find greater beauty in my life. I will often hear people say that they are not creative, but I challenge you to think of the ways that your own work and love show who you are and express your life, for there I learned from Walker is creativity and artistry.

What creative spaces do you have in your own life, where are you an artist, and where in the ordinary spaces of your life can you find creativity? Though we may not be an artist, we are creative. My belief is that within you there is creativity that you may not even recognize. Go forth today and see how you create this day.

Grace and Peace,

Rev. Amy



FROM THE BOARD PRESIDENT

Our theme for May is creativity. So many places of worship are struggling to keep doors open due to an aging congregation, fewer families attending, and the money needed to maintain older buildings. I know of two pairs of Lutheran churches in Carroll County that are combining resources in the coming months. How does CUU use its creativity to push forward?

We have sustained our congregational membership which is a celebration in these challenging times. Due to our tremendous outreach work, young families have visited. We do not have a program to offer children and youth. It is time for us to create! First, our community is thirsty for a comprehensive sexual education program like OWL (Our Whole Lives). Orchestrated efforts are underway to further marginalize LGBTQ+ persons, especially youth, by banning pride flags and books in schools. The OWL program curriculum covers kindergarten through senior adults. A true lifespan education. However, we need trained facilitators (2 adults per class) to run this program even for one or two age groups. This summer's training schedule is not yet published, so please check the CER webpage for updates. If you are interested in becoming a trained facilitator, please contact me. I am trained in Jr/Sr high school.

Second, a DRE (Director of Religious Exploration) is needed to lead the effort of re-establishing a children's/youth RE program. Many questions related to money need to be discussed – is this a quarter-time, part-time, or shared position with another congregation? Do we have the volunteers needed to support an RE committee? Do we have the volunteers needed to support a Committee on Ministry? The most recent issue of UU World focused on RE and I encourage everyone to read it. Bekah Waters will lead discussion about revitalizing the RE program at our annual meeting on Sunday, June 4th.

FROM THE BOARD PRESIDENT cont.

Please attend Sunday Service on May 7th. We will have a special recognition of those who became members during COVID-19 when the building was closed. There will be refreshments after service.

Finally, the Board will finalize the budget at our May 10th meeting so please submit your pledge no later than May 5th. The pledge numbers drive the budgeting process. Pledges can be submitted electronically on the “Giving” tab of the website or a Board member can be contacted if you need assistance. We encourage you to attend the Annual Meeting on June 4th in person or on Zoom if you are able because nominations for positions can be taken from the floor. If you vote absentee, you will not have the benefit of considering nominations from the floor. Also, it’s just fun to be with everyone!

I hope everyone is enjoying the Spring weather and all it offers.

In peace and fellowship,

Francine Hahn

Board President, CUU

CARROLL COUNTY BRAVER ANGELS WORKSHOP

FIRST WORKSHOP BY CARROLL COUNTY BRAVER ANGELS

The Carroll County Braver Angels held its first in-person workshop on April 29th at the Carroll Community Media Center in Westminster. Braver Angels is an outreach effort supported by numerous friends and members of CedarhurstUU, several of whom are taking leadership roles.

“Braver Angels” is a national volunteer-directed movement to reduce the vitriol that is poisoning our society. Braver Angels events bring liberals, conservatives, and others together at the grassroots level to rediscover and better understand and respect our shared common ground. Launched in 2016, the organization was inspired by the words of Abraham Lincoln, who not only called upon Americans to summon the “better angels” of our nature — but called on us to find the courage to pursue a more perfect union, “with malice toward none, with charity for all, with firmness in the right.”

The Red-Blue Workshop hosts equal numbers of Red-leaning and Blue-leaning people who participate in a day-long series of exercises to identify stereotypes, clarify opinions and seek common ground. It is the first of the Braver Angels workshops to be organized by the Carroll County Braver Angels alliance to address civic topics where the social divide is injuring communication within American families, friendships, and communities.

Please watch the Cedarhurst Weekly Announcements for additional workshop information and opportunities. Meanwhile, visit the Braver Angels website to get a feel for the many virtual and in-person classes being offered throughout America. (www.BraverAngels.org/what-we-do/#workshops) When you register to attend an event, feel free to identify Carroll County Braver Angels,#1044, as your home alliance. We look forward to your participation.

Cindy Hirshberg

Co-Chair, Carroll County Braver Angels

Email: Carroll-County-MD@braverangels.org

CUU AUCTION ITEM: Visit the Kochs in Ohio

Jan Pennington offered this trip which included the drive to Ohio, snacks in the car, two nights accommodations and singing along the way if wanted. Bidding was fierce and the lucky winners were Pamela Malkin, Beth Schilpp and Barb Bradley. Barb could not go at the last minute and Maria Warburton came. An unanticipated sidelight of the trip was a spur of the moment visit to Pamela's husband's childhood home. The current residents were very hospitable and took Pamela on a tour of the house. We had lunch in a great local diner and of course stopped by the local thrift shop. The GPS took us the long way to Ohio plus this tiny side trip so arrived at Patty and Henry's about 6pm.



Patty is always a wonderful soup maker and potato soup for dinner showed she is still on target. We met a very nice next door neighbor and spent the evening catching up. We stayed at a VRBO farmhouse built in 1904 which was about 30 minutes away. The area was very quiet and there were 4 bedrooms, one on the first floor and the rest on the second. The only odd thing was that to get to the second floor bathroom, you had to go through one of the bedrooms.



Saturday, we picked up Patty to go to breakfast while her son-in-law stayed with Henry, who by the way is 100 and a half. He is still listening to books and gets around the house and back patio using a walker. We went to Patty's favorite diner – wonderful food and an interesting custom we had never seen. When someone leaves a tip for the cook, a bell is rung. After breakfast was delivered to Henry, we went consignment shopping – nice place with both clothes and furnishings.

When we got back to their house we went free shopping in Patty's closet; she kept bring out things for us to try on and keep. Now she has hangers for more shopping. We then took a hike in the local park, a very nice hiking area with cliffs called ledges. Dinner that night was lasagna by Jan and salad by Patty. It was delicious, and we topped it off with a coconut cream pie we got that day at the diner where we had lunch.

Sunday we went to the UU church of Cleveland which was about 30 minutes away while Patty's daughter stayed with Henry. It is a huge old church with environmental improvements such as solar. A special feature that week was a 10 female flute ensemble – excellent. The regular minister was not there, but several folks said how much they liked him. Coffee hour had coffee, tea, and water – no snacks. The plate collections always goes to an entity outside the church.

Back at the Koch's we had lunch put together by Patty and leftover desserts before getting on the road back to Glyndon. It was hard to say good-bye, we all had such a good time. We took the direct shorter way home and managed to survive on left over snacks from the trip up.

SOCIAL JUSTICE OUTREACH

Feeding the Homeless in Carroll County

Do you love to cook? Or you would like cooking if you didn't have to eat leftovers for the entire week? Helping to feed the homeless who come to the *Night to Night Shelter* is a great opportunity to try out new recipes... or in my case, make some of my favorites (especially since my hubby doesn't like the same things I do). Each month, we bring enough to feed 30 people, which translates into about 4-6 families. We usually have a theme, such as taco night or baked potato bar. Each of us bring a portion of the meal: several entree's, sides, rolls, dessert and drinks. Whether you cook or shop, there is something everyone can contribute. We gather at the shelter, located next to the Westminster Senior Center with all of our goodies every third Friday of the month at 6:30pm, year 'round! You can choose to help whenever you can. We have a team of 7-10 people, but with upcoming vacations, we could use a few more people. Contact Pamela Malkin if you are interested in lending a hand.



Mary Ann Costin & Pamela Malkin delivering food to the shelter in 2022

Feeding a Crowd!

We are scheduled to provide the *Annual July 4th Cook-out at Shepherd's Staff* this year on Tuesday, July 4th at 12 noon. Mark your calendar to lend a hand. We prepare enough food to provide 100 servings! That's a lot of hamburgers, hot dogs, rolls, condiments, salads, baked beans, and fruit. GRILLS are also needed for the day. Everyone's help is needed! We also accept donations to help pay for the meat.



Additionally, we are providing lunch at *Loaves and Fishes Saturday, December 2, 12 noon* at Westminster Church of the Brethren. We prepare hot or cold lunches for about 60. Hope you can lend a hand.

Contact Pamela Malkin if either of these events are of interest to you. We also invite friends of friends to join the effort.

SUMMER SERVICES



Summer Services are almost upon us! We have decided not to share services with Channing UU this summer which means lots of opportunities for members and friends of Cedarhurst to share something that interests you with others in the congregation.

For those who are new to Cedarhurst in the past three years, these services are very casual, with no choir or pianist although the chalice lighting, joys and concerns, and plate collection are included, followed by a 15-20 minute presentation and then 30 minutes or so of discussion. The morning's topic can be anything of your choosing, such as insights from a trip, a book, nature, etc. It could also be a discussion of a historical event, science, or anything that strikes your fancy. We have also had sing-along and making-art services.

Sign up early via the spreadsheet link so as to get your preferred date. If you have any questions about Summer Services, please contact Maria Warburton at mariawarburton@comcast.net

<https://docs.google.com/spreadsheets/d/1xPSKNgddvBn-H2uzhTbWZpiDXnLvL4qbu4LGb-nWL4/edit?usp=sharing>

MEDITATION TRAIL



Twenty years ago (yikes!!) Barb Bradley's son, Bill Lummis blazed a trail through part of our woods as an eagle scout project. Youth groups and others used the trail and meditation circle as part of religious activities. Barb and Gerry Galuardi maintained the trail over the years, improving the entrance by using stones in the walkway and planting flowers but it eventually fell into disuse and neglect. Over the past few weeks Barb and Gerry have rehabbed the trail, beautifying the entrance, laying down mulch, planting more flowers and clearing away weeds. The benches in the meditation circle are in good shape though they could use a pressure wash. For those who use meditation as part of their religious practice, both the circle and the trail are ideal. For those who just want to spend a few minutes in the woods, it's about a 5 minute circuit (it hasn't been measured but the trail is estimated to be between a quarter and half mile) and of course you can make as many circuits as you want. It is not flat, but the hills are gentle.

(The entrance to the trail is around the far side of the CUU building, near the stairs to the back porch.)

WHAT'S HAPPENING AT CEDARHURST UU

Calendar is subject to change. Check the website calendar [here](#) for most current schedule.

3 May	Wednesday	Ladies Who Lunch	12:00 PM
3 May	Wednesday	Minister Office Hours	3:00 PM
7 May	Sunday	In-Person & Online Sunday Service	10:30 AM
7 May	Sunday	Honoring New Members—Sunday Service	Coffee Break
7 May	Sunday	Build Your Own Theology	12:00 PM
9 May	Tuesday	Caregivers Support Group	5:30 PM
10 May	Wednesday	Ladies Who Lunch	12:00 PM
10 May	Wednesday	Minister Office Hours	3:00 PM
10 May	Wednesday	Board of Trustees Meeting	7:00 PM
12 May	Friday	CUU Virtual Game Night	7:00 PM
14 May	Sunday	In-Person & Online Sunday Service	10:30 AM
14 May	Sunday	CUU Book Club	12:00 PM
15 May	Monday	Monday Musings	7:00 PM
16 May	Tuesday	Worship Committee Meeting	7:00 PM
17 May	Wednesday	Ladies Who Lunch	12:00 PM
17 May	Wednesday	Minister Office Hours	3:00 PM
19 May	Friday	Night to Night Shelter Dinner	6:15 PM
20 May	Saturday	CUU Auction Event - Sherry Dean's Girls' Overnight	
21 May	Sunday	In-Person & Online Sunday Service	10:30 AM
21 May	Sunday	Build Your Own Theology	12:00 PM
22 May	Monday	In-Person Dinner at Bistro 90	6:00 PM
24 May	Wednesday	Ladies Who Lunch	12:00 PM
24 May	Wednesday	Minister Office Hours	3:00 PM
26 May	Friday	Drinks & Dessert	7:00 PM
27 May	Saturday	CUU Auction Event - Ebaughs' Salons & Sandwiches	2:00 PM
28 May	Sunday	In-Person & Online Sunday Service	10:30 AM
28 May	Sunday	Congregational Life Committee	12:00 PM
31 May	Wednesday	Ladies Who Lunch	12:00 PM
31 May	Wednesday	Minister Office Hours	3:00 PM

ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

LADIES WHO LUNCH – Every Wednesday at noon on Zoom



LADIES WHO LUNCH is a social Zoom that is open to ANY woman who is a member or friend of CUU. We invite you to drop in any Wednesday between 12:00-1:00 pm. Whether you have 10 minutes to spare, or the full hour, you are welcome here! Follow Zoom link on CUU Calendar.

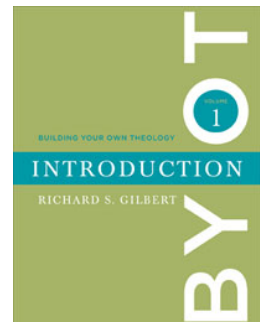
Honoring New Members—Sunday, May 7th at 10:30am Service

Please join us at CUU in person to greet and honor our new members during coffee hour.

Build Your Own Theology (BYOT): Mapping Our Spiritual Landscape – Sundays, May 7th and 21st at noon

The sessions will be held on the **first and third Sundays of every month at noon** following our regular Sunday Service and will run approximately 1-1/2 to 2 hours.

These are in-person conversations guided by Reverend Amy using the BYOT handbook published by the UUA. The BYOT handbooks have been ordered and will be available for a \$5.00 minimum donation of at the first session.



If you are still thinking this over, consider this. What has your faith journey been? Were there positives and negatives? And where does that leave you now? Maybe it is time to take a look. To join this shared spiritual exploration, please inform Rev. Amy by email at Minister@cedarhurstuu.org or call Cindy Hirshberg.

Caregivers Support Group – Tuesday, May 9th at 5:30pm on Zoom

On the Second Tuesday of the month at 5:30pm is the Cedarhurst Caregiver Support group. If you are or have been a physical or emotional caregiver, please Zoom in to share your experiences, vent a bit or just listen. Our goal is to support each other. Call Beth Schilpp at 443-904-1304 if you have trouble getting onto Zoom.



ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

CUU Virtual Game Night – Friday, May 12th at 7:00pm on Zoom



Zoom in to play games with CUU friends....we usually play Tribond, Taboo, or Scattergories, but are always open to new ideas. We do not keep score...just have a lot of fun. Contact Beth Schilpp with questions. Follow Zoom link on CUU Calendar.

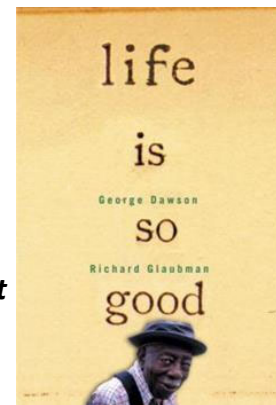
CUU Book Club – Sunday, May 14th at noon on Zoom

Zoom in to discuss the May read - *Life is So Good* by George Dawson and Richard Glaubman.

One man's extraordinary journey through the twentieth century and how he learned to read at age 98

"Things will be all right. People need to hear that. Life is good, just as it is. There isn't anything I would change about my life."

—George Dawson

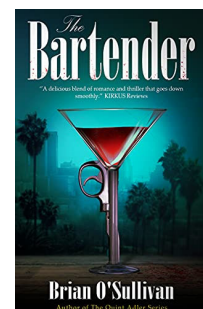


In this remarkable book, George Dawson, a slave's grandson who learned to read at age 98 and lived to the age of 103, reflects on his life and shares valuable lessons in living, as well as a fresh, firsthand view of America during the entire sweep of the twentieth century. Richard Glaubman captures Dawson's irresistible voice and view of the world, offering insights into humanity, history, hardships, and happiness. From segregation and civil rights, to the wars and the presidents, to defining moments in history, George Dawson's description and assessment of the last century inspires readers with the message that has sustained him through it all: "Life is so good. I do believe it's getting better." (amazon.com)

If you would like a list of the selections for 2023, please contact Pamela Malkin. We'd love to have new folks participating in this group.

Follow Zoom link on CUU Calendar

If you want to get a head start on the June book, it is *The Bartender* by Brian O'Sullivan – a blend of romance and thriller.



ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

Monday Musings – Monday, May 15th at 7:00pm on Zoom



Monday musings is always on the 3rd Monday of the month and is open to everyone for discussing quotes on specific topics from Soul Matters which we get from the Unitarian Universalist Association. Each month Soul Matters suggests a topic and provides materials related to that topic. Beginning with this

December gathering, the group will be facilitated by Rev. Amy Williams Clark. No prep work required – come give it a try. Follow Zoom link on CUU Calendar.

Night to Night: Food Program – Friday, May 19th at 6:15pm

Every third Friday on the month we provide dinner for approximately 30 homeless. Interested in helping provide food or drinks? Contact Pamela Malkin.

CUU Auction Event: Sherry Dean's Girls' Overnight – Saturday, May 20th

Join Sherry Dean at her home in Georgetown right on the Sassafras River for a **Girl's Overnight**. Come for Happy Hour followed by dinner and dessert. The next morning Sherry will make breakfast and you can linger as long as you like. There's still room to join this event. For information to reserve your place, contact Sharon Kennedy at skenn95@comcast.net or Cindy Hirshberg cdh2010@aol.com.



ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

In-Person Dinner at Bistro 90 – Monday, May 22nd at Noon



The Bistro 90 is in Finksburg Plaza. As with all our in-person events, all are welcome. Some of us have been here before and like the food. We hope with a 6pm time, some of our working folks will be able to attend.

Please call Beth Schilpp at 443-904-1304 by 6pm on May 21 so reservations can be made.

Located at: 3000 Gamber Road, Finksburg, MD 21048
Call Beth Schilpp at rbschilpp@yahoo.com with questions.

Drinks and Dessert – Friday, May 26th at 7:00pm on Zoom



This is our no agenda social time – come with or without drinks and dessert to chat and enjoy each other. Maybe share your holiday stories or whatever you wish.

Follow Zoom link on CUU Calendar.

CUU Auction Event: Ebaughs' Salons & Sandwiches – Saturday, May 27th at 2:00pm

Terri and Don Ebaugh offer **Salons and Sandwiches**. These used to be popular events where people gathered to discuss thought provoking or vexing topics of the day, share ideas and opinions, and be fed and entertained. Kosmos Journal says, "Salons offer space for authentic exploration, co-mingling of ideas, and development of new thinking. They have been designed to hold a respectful and reflective space and process that are both safe and intensely alive." Sandwiches and drinks will be available as we gather in a lovely, wooded setting. There's still room to join this event. For information to reserve your place, contact Sharon Kennedy at skenn95@comcast.net or Cindy Hirshberg cdh2010@aol.com.



ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

Grief Group –

Grief Group will reconvene again this year. If you are interested in attending, please contact Rev. Amy at minister@cedarhurstuu.org.

Minister Office Hours—Zoom and In-Person

Rev. Amy's Office Hours are 3:00-5:00pm on Wednesdays.

Rev. Amy's office hours will take place at CUU and on Zoom.

Looking forward to seeing you in person!

You can also make appointments with Rev Amy on Tuesdays or Thursdays. She is always available for urgent pastoral matters and can be reached at minister@cedarhurstuu.org.

[Zoom Link](#)

Meeting ID: 980 9298 0551

Passcode: 121055

JUNE: SAVE THE DATES

IN-PERSON LUNCH

Wednesday, June 14 at noon at Carroll Lutheran Village.

Join our resident CUU members for lunch at the on-site Bistro.

Watch CUUpdate/ Weekly Announcements for more information.



DAYTIME TRIP TO BALTIMORE MUSEUM OF ART

Thursday, June 1st at 10:00 AM



Meet at CUU to carpool to the museum where we can visit both inside exhibits and the sculpture garden.

Lunch will be at the Papermoon Diner...a place not to be missed.

No reservations needed, just show up by 10am at CUU.

Call Beth Schilpp with questions.

CARD MAKING CLASS

Thursday, June 8th at 10:00 AM at CUU

Card making with Arlene Graham.

Watch for details in the CUUpdate/Weekly Announcements!

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