March 2023 Volume 3







P.O. Box 358 Finksburg, MD 21048

#### FROM THE MINISTER

This month's **Soul Matters** theme is *vulnerability*. When we are vulnerable, it takes courage to move out of that space, whether it is physical, emotional, or spiritual vulnerability. It takes risking trust that you will move beyond the vulnerability to a new space. One of my favorite writings on vulnerability and risk taking is from my colleague, Rev. Robin Tanner, called "A blessing for risk-takers and failures."

Today we share in a blessing for losers, risk-takers, all failures far and wide....

Blessed are they who fall in the mud, who jump with gusto and rip the pants, who skin the elbows, and bruise the ego, for they shall know the sweetness of risk.

Blessed are they who make giant mistakes, whose intentions are good but impact has injured, who know the hot sense of regret and ask for mercy, for their hearts will know the gift of forgiveness.

Blessed are they who have seen a D or an F or C or any letter less than perfect, who are painfully familiar with the red pen and the labels as "less than," for they know the wisdom in the imperfect.

Blessed are they who try again, who dust off, who wash up, who extend the wish for peace, who return to sites of failure, who are dogged in their pursuit, for they will discover the secret to dreams.

Blessed are they who refuse to listen to the naysayers, for their hearts will be houses for hope.

Blessed are they who see beyond the surface of another, for they will be able to delight in the gift of compassion.

#### FROM THE MINISTER cont.

Blessed are they who stop running the race to help a fellow traveler, who pick up the fallen, who stop for injured life,

for they shall know the kindness of strangers.

Blessed are they who wildly, boldly abandon winning, for they shall know the path of justice.

For all of those times that you have felt vulnerable, know that you are not alone – even if you feel that you are. I will be right there with you, vulnerable and risking trust.

Grace and Peace, Rev. Amy



#### Fellowship Luncheon—March 4th

Dear Members and Friends,

The Board of Trustees has decided to have a Fellowship Luncheon on **Saturday, March 4<sup>th</sup>**, **beginning at 2:00pm and ending at 4:00pm**. Having the luncheon during the day was a success for our auction.

This is a fun way to begin our Stewardship Campaign for the coming year which starts July 1, 2023 and ends June 30, 2024. CUU prepares an operating budget each May that is voted on at our annual June meeting. The annual Stewardship Campaign is the foundation in the process in determining this budget.

*Reconnecting* is the theme of our Stewardship Campaign which was the same as our auction event. We not only reconnected personally at the auction but will reconnect our pledges to maintain the financial health of our congregation.

I am asking for donations of food, as well as your time to help set up and clean up, in addition to those who have already committed for both. So far I have 2 people bringing appetizers but will need at least 2-3 more donations as follows:

One more salad.

One more main entrée.

At least 2-3 more desserts.

2 or more people to help clean up.

You can email me at <a href="mailto:sherrydeann21@gmail.com">sherrydeann21@gmail.com</a> to let me know what kind of food you would like to bring and/or if you can lend your time to help clean up.

I look forward to seeing you at our Fellowship Luncheon.

There will be a surprise for entertainment!!!!

Sincerely,

**Sherry Dean** 

## Summer Lay-Leaders Needed

Spring is nearly here which means Summer is not far behind which means planning for Summer lay-led services has begun!

The past two summers, we joined with Channing UU with each congregation doing half the services. For this summer, we have decided to return primarily to doing our own services with perhaps one or two combined services or activities.

This means we are looking for 10-11 volunteers to conduct/facilitate a Sunday service between June 18 and September 3.

The summer services are casual and leave time for much more discussion. Typically the lay-leader spends 15-20 minutes presenting a topic and then opens things up for conversation. That said, the morning is really yours to do what you want. This could be showing a portion of a movie, reading a book chapter or two, facilitating a sing-along, or simply presenting a topic you want to discuss with others.

Please contact Maria Warburton at <a href="mariawarburton@comcast.net">mariawarburton@comcast.net</a> to claim your date or to ask questions.

#### SOUL COLLAGE®, A Creative Retreat

SOUL COLLAGE®, A Creative Retreat Save the Date. Invite a Friend.



SoulCollage® is an enjoyable, expressive art process of making small collages from pictures and images that catch your eye and heart. It can boost your well-being by encouraging your creativity, intuition, and self-discovery. It invites you to give visual and poetic expression to the unique tapestry of your life experiences and to discover and nourish the roots and pathways of your journey. It's a special way to give expression to your inner, spiritual self.

This program is another new "signature" program offered by Cedarhurst to bring friends, members and interested new people together for an enjoyable, insightful experience. Please reserve time to attend. And while you are at it, consider inviting a best friend to enjoy the creative experience together. Start now to gather beautiful pictures, calendars, magazines and photos to use and share.

## Saturday, March 25, 2023 at Cedarhurst, 10:00am - 3:00pm

Cost: \$30.00, includes SoulCollage® materials and refreshments.

Pre-Registration requested at <a href="Outreach@Cedarhurstuu.org">Outreach@Cedarhurstuu.org</a> so materials and refreshments can be arranged.

Please note: Our Presenter has declined any advance compensation for conducting our program but has agreed to accept a "dona" gift from participants following the Retreat.

## Braver Angels—Second Info Session

#### ATTEND SECOND BRAVER ANGELS' INFO SESSION

Braver Angels, a signature outreach effort sponsored by Cedarhurst, hosted its second public information meeting on Saturday, February 18 at the North Carroll Library. The audience of 15 people included several from Cedarhurst as well as others who were drawn to the Braver Angels message and mission. The next information workshop is scheduled for **Saturday, March 18 at 10:00am** at the Finksburg Library located at 2265 Westminster Pike, Finksburg, 21048. Please find time to attend and learn more.

Planning is also underway to host a 6-hour Red/Blue Workshop in April in which stereotypes are examined, communication skills developed, and R/B conversations take place in an effort to find those shared values and an ability to work together.

Braver Angels is a national, volunteer-led, non-profit organization leading an effort to heal the political divide. Braver Angels brings Americans together to bridge the partisan divide and strengthen our democratic republic by finding common values and ways to work together. The Braver Angels mission matches well with our UU Principles and the help needed by our country at this moment in History. Parker Palmer, an American author and educator, expresses well our country's current precarious circumstances in this observation. Remember to reach out across the political divide with patience and love to maintain our connections with family and community.

"If American democracy fails, the ultimate cause will not be a foreign invasion or the power of big money or the greed and dishonesty of some elected officials or a military coup or the internal communist/socialist/fascist takeover that keeps some Americans awake at night. It will happen because we—you and I—became so fearful of each other, of our differences and of the future, that we unraveled the civic community on which democracy depends, losing our power to resist all that threatens it and call it back to its highest form."

Parker Palmer, American author and educator

## WHAT'S HAPPENING AT CEDARHURST UU

Calendar is subject to change. Check the website calendar <u>here</u> for most current schedule.

		l	I
1 Mar	Wednesday	Ladies Who Lunch	12:00 PM
1 Mar	Wednesday	Minister Office Hours	3:00 PM
4 Mar	Saturday	Fellowship Lunch	2:00 PM
5 Mar	Sunday	In-Person & Online Sunday Service	10:30 AM
5 Mar	Sunday	Build Your Own Theology	12:00 PM
7 Mar	Tuesday	Religious Services Committee	7:00 PM
8 Mar	Wednesday	Ladies Who Lunch	12:00 PM
8 Mar	Wednesday	Minister Office Hours	3:00 PM
8 Mar	Wednesday	Board of Trustees Meeting	7:00 PM
10 Mar	Friday	CUU Virtual Game Night	7:00 PM
12 Mar	Sunday	In-Person & Online Sunday Service	10:30 AM
12 Mar	Sunday	CUU Book Club	12:00 PM
14 Mar	Tuesday	Caregivers Support Group	5:30 PM
15 Mar	Wednesday	Ladies Who Lunch	12:00 PM
15 Mar	Wednesday	Minister Office Hours	3:00 PM
17 Mar	Friday	Night to Night Shelter Dinner	6:15 PM
18 Mar	Saturday	Braver Angels Second Info Session at Finksburg Library	10:00 AM
19 Mar	Sunday	In-Person & Online Sunday Service	10:30 AM
19 Mar	Sunday	Build Your Own Theology	12:00 PM
20 Mar	Monday	Monday Musings	7:00 PM
22 Mar	Wednesday	Ladies Who Lunch	12:00 PM
22 Mar	Wednesday	Minister Office Hours	3:00 PM
22 Mar	Wednesday	Dinner at Kecco's	5:00 PM
24 Mar	Friday	Drinks and Dessert	7:00 PM
25 Mar	Saturday	Soul Collage	10:00 AM
26 Mar	Sunday	In-Person & Online Sunday Service	10:30 AM
26 Mar	Sunday	Congregational Life Committee	12:00 PM
29 Mar	Wednesday	Ladies Who Lunch	12:00 PM
29 Mar	Wednesday	Minister Office Hours	3:00 PM

## **SPECIAL ANNOUNCEMENTS**

#### **2022 DONATIONS STATEMENT**

To obtain a statement of the monetary donations you made to Cedarhurst UU during the calendar year 2022, please email your request

to treasurer@cedarhurstuu.org.



#### **UUA GENERAL ASSEMBLY**

The annual UUA General Assembly is in Pittsburgh this year after being in the midwest or west coast the past few years. A few of us from Cedarhurst are planning to attend and hope others can join us. It's from June 21 - 25 and more information can be found at <a href="mailto:uua.org/ga">uua.org/ga</a>. You can also reach out to Francine Hahn or Maria Warburton for more information.

#### **FUNDRAISING FUN**



Guests gather to sample "Chocolates from Around the World," a popular live auction item at Cedarhurst's Annual Auction held on January 28th.

June Clark, Sherry and Rich Dean and Jay Levenson take careful notes about the flavor characteristics of their chocolate tasting experience.

#### LADIES WHO LUNCH – Every Wednesday at noon on Zoom



LADIES WHO LUNCH is a social Zoom that is open to ANY woman who is a member or friend of CUU. We invite you to drop in any Wednesday between 12:00-1:00 pm. Whether you have 10 minutes to spare, or the full hour, you are welcome here! Follow Zoom link on CUU Calendar.

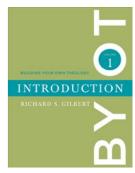
#### Fellowship Lunch – Saturday, March 4th at 2:00pm

This is a fun way to begin our Stewardship Campaign for the coming year which starts July 1, 2023 and ends June 30, 2024. The annual Stewardship Campaign is the foundation in the process is determining this budget. *Reconnecting* is the theme of our Stewardship Campaign which was the same as our auction event. We not only reconnected personally at the auction but will reconnect our pledges to maintain the financial health of our congregation. See page 3 of this newsletter for more information.

# Build Your Own Theology (BYOT): Mapping Our Spiritual Landscape – Sundays, March 5th and 19th at noon

The sessions will be held on the **first and third Sundays of every month at noon** following our regular Sunday Service and will run approximately 1-1/2 to 2 hours.

These are in-person conversations guided by Reverend Amy using the BYOT handbook published by the UUA. The BYOT handbooks have been ordered and will be available for a \$5.00 minimum donation of at the first session.



If you are still thinking this over, consider this. What has your faith journey been? Were there positives and negatives? And where does that leave you now? Maybe it is time to take a look. To join this shared spiritual exploration, please inform Rev. Amy by email at Minister@cedarhurstuu.org or call Cindy Hirshberg.

#### CUU Virtual Game Night - Friday, March 10th at 7:00pm on Zoom



**NOTE:** change of day for March only. Zoom in to play games with CUU friends....we usually play Tribond, Taboo, or Scattergoies, but are always open to new ideas. We do not keep score ...just have a lot of fun. Contact Beth Schilpp with questions. Follow Zoom link on CUU Calendar.

#### CUU Book Club – Sunday, March 12th at noon on Zoom

Zoom in to discuss the March read - "We Are Not Like Them" by Christine Pride and Jo Piazza. This is a novel about two women - one white and one black - who have been friends since early childhood. The white woman's policeman husband has killed an unarmed black teenager, and the book is about what happens with these relationships and concentrates alot on the feelings of these two women. You are welcome to join the group even if you have not read or completed the book.



If you would like a list of selected books for 2023, please contact Pamela Malkin. We'd love to have new folks participating in this group. Follow Zoom link on CUU Calendar.

## Caregivers Support Group – Tuesday, March 14th at 5:30pm on Zoom



On the Second Tuesday of the month at 5:30pm is the Cedarhurst Caregiver Support group. If you are or have been a physical or emotional caregiver, please Zoom in to share your experiences, vent a bit or just listen. Our goal is to support each other. Call Beth Schilpp at 443-904-1304 if you have trouble getting onto Zoom.

Follow Zoom link on CUU Calendar

### Night to Night: Food Program – Friday, March 17th at 6:15pm

Every third Friday on the month we provide dinner for approximately 30 homeless. Interested in helping provide food or drinks? Contact Pamela Malkin.

## Braver Angels Information – Saturday, March 18th at 10:00am

Braver Angels is a signature outreach effort sponsored by Cedarhurst. The next information workshop is scheduled for **Saturday, March 18 at 10:00am** at the Finksburg Library located at 2265 Westminster Pike, Finksburg, 21048. Braver Angels is a national, volunteer-led, non-profit organization leading an effort to heal the political divide. The Braver Angels mission matches well with our UU Principles and the help needed by our country at this moment in History. Please find time to attend and learn more.

## Monday Musings - Monday, March 20th at 7:00pm on Zoom

Monday musings is always on the 3<sup>rd</sup> Monday of the month and is open to everyone for discussing quotes on specific topics from Soul Matters which we get from the Unitarian Universalist Association. Each month Soul Matters suggests a topic and provides materials related to that topic. Beginning with this



December gathering, the group will be facilitated by Rev. Amy Williams Clark. No prep work required – come give it a try. Follow Zoom link on CUU Calendar.

## Dinner at Kecco's - Wednesday, March 22nd at 5:00pm

Enjoy an early dinner at Kecco's in Reisterstown with CUU friends.

The restaurant is located at 114 Westminster Pike - suite 109, Reisterstown 21136. This is located in the small strip mall between Main St and Rte. 795.

Call Beth Schilpp at 443-904-1304 to reserve a spot by 4pm on March 21.



#### Drinks and Dessert – Friday, March 24th at 7:00pm on Zoom



This is our no agenda social time – come with or without drinks and dessert to chat and enjoy each other. Maybe share your holiday stories or whatever you wish. Follow Zoom link on CUU Calendar.

## SOUL COLLAGE®, A Creative Retreat - Saturday, March 18th at 10:00am



SoulCollage® is another new "signature" program offered by Cedarhurst to bring friends, members and interested new people together for an enjoyable, insightful experience. SoulCollage® is an expressive art process of making small collages from pictures and images that catch Your eye and heart. It can boost your well-being by encouraging your creativity, intuition, and self-discovery. It invites you to give visual and poetic expression to the unique tapestry of your life experiences and to

discover and nourish the roots and pathways of your journey. It's a special way to give expression to your inner, spiritual self. See page 5 of this newsletter for more information.

#### Grief Group -

Grief Group will reconvene again this year. If you are interested in attending, please contact Rev. Amy at minister@cedarhurst.org

#### Minister Office Hours—Zoom and In-Person

Rev. Amy's Office Hours are 3:00-5:00pm on Wednesdays.

Rev. Amy's office hours will take place at CUU and on Zoom.

Looking forward to seeing you in person!

You can also make appointments with Rev Amy on Tuesdays or Thursdays. She is always available for urgent pastoral matters and can be reached at <a href="mailto:minister@cedarhurstuu.org">minister@cedarhurstuu.org</a>.

Zoom Link

Meeting ID: 980 9298 0551

Passcode: 121055

#### CONTACT

**Telephone:** 410-861-8820

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Web address: http://www.cedarhurstuu.org

Minister Rev. Amy Williams Clark Minister@cedarhurstuu.org

President Francine Hahn BoardPresident@cedarhurstuu.org

**At Large Board Members** 

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