April 2023





# FROM THE MINISTER

There is a story by Rabbi David Wolf which goes:

A boy and his father were walking along a road when they came across a large stone. "Do you think if I use all of my strength, I can move this rock?" the child asked. His father answered, "If you use all of your strength, I am sure you can do it." The boy began to push the rock. Exerting himself as much as he could, he pushed and pushed. The rock did not move. Discouraged, he said to his father, "You were wrong. I can't do it." His father put his arm around the boy's shoulder and said, "No son. You didn't use all your strength – you didn't ask me to help."

I enjoy this story because it reminds me of a lesson I learned when I was an intern at First Unitarian Church of Baltimore. As the final project of my internship, I was going to create a community garden at the <u>Dayspring</u> <u>Program</u> in East Baltimore. This was a project for which I would be judged and remembered.

At the beginning of the project my supervisor, Rev. David Carl Olson, told me to use my power to complete the project – so I did. I used all of my ingenuity, creativity, and hard work on the project, but it was not enough. On a harried and stressful day of working, I was almost in tears and I was worried. This project for which I would be judged and remembered was not coming together. I just knew I would fail my internship project. Once again, Rev. David reminded me I needed to use all of my power to complete the project. I was so frustrated that I almost became angry. I wanted to say, "I am using every bit of my power to do this project. I am putting in hours and working hard, but it just isn't coming together."

And you guessed it – the lesson he was seeking to teach me was that power is in community, not the individual. Once I began to include the church volunteers in the work, the project was manageable and flourished. But I had to let go of thinking that this was *my* project. I had to move from thinking this was my project to this is *our* project.

I learned two lessons – one, power is found in community; and two, my role as a minister was to empower others in the church so the work would continue when I left. The congregation could not have grown into a greater relationship without the Dayspring Program; growth which would not have happened had I kept the project as my own.

Today, if you ask the congregation, "Who started the garden?" The answer would be, "We did." In the last eight years, the project which began as an urban garden has flourished into a greater relationship and ministry impacting many lives.

As individuals we cannot make the changes in the world that we hope to see, we cannot do things all on our own – we need one another.

Grace and Peace,

Rev. Amy



### SOUL COLLAGE®, A Creative Retreat

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Workshop Postponed



Please note the SoulCollage<sup>®</sup> workshop session originally scheduled for Saturday, March 25 2023 was postponed. Unfortunately, enrollment was too low to hold this creative and fun spiritual experience.

Plans are in progress to again offer SoulCollage<sup>®</sup> at a future date.

Please watch for that information here in the *Companion* and also in our Weekly Announcements.

Thank you all for your interest.

### SPECIAL ANNOUNCEMENTS

### **CLIMATE CONVOCATION**

Join congregations from the DC/MD/VA areas for a UU Climate Convocation on Saturday, May 6 at the River Road UU congregation from 9am-2pm.

More information, including the day's agenda and registration information, can be found at:

https://www.rruuc.org/take-action/capital-area-uu-climate-convocation/

Please contact Maria Warburton if interested in attending and to carpool.

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Save the Date!

### **UUA GENERAL ASSEMBLY**

The annual UUA General Assembly is in Pittsburgh this year after being in the Midwest or west coast the past few years. A few of us from Cedarhurst are planning to attend and hope others can join us.

It's from June 21 - 25 and more information can be found at uua.org/ga. You can also reach out to Francine Hahn or Maria Warburton for more information.

### **GATHERING FOR DINNER**

A nice turnout of congregation members joined together for a community dinner at Kecco's restaurant on March 22nd.

Thank you Jan Pennington for providing the lovely photo!



### SPECIAL ANNOUNCEMENTS

I wanted to share some photos of my "god-daughter" Andrea Fuentes-Ramirez' Quincenara (15th birthday) celebration held at CUU on March 18th. In El Salvatorian tradition it is a rite of passage from girl to woman (like a Bat Mitzvah in the Jewish tradition, perhaps only second to a wedding).

The rental garnered a fee to CUU, plus a great (gratuitous) land-scaping job by Andrea's father, Tomas, and her brother, Edgar. Andrea's mother, Susana, donated delicious tapas to our Fellowship Dinner, and supervised decorating and cleaning up after the party ended.

About 80 friends and relatives attended. A great time was held by all including yours truly, a proud "god-father," renter for the event (and 2 months of practices sessions!), and CUU member.

With Sincere Thanks to CUU for facilitating this event, Jay











Photos by Jill Spangler

# WHAT'S HAPPENING AT CEDARHURST UU

### Calendar is subject to change. Check the website calendar <u>here</u> for most current schedule.

2 Apr	Sunday	In-Person & Online Sunday Service	10:30 AN
2 Apr	Sunday	Build Your Own Theology	12:00 PN
2 Apr	Sunday	Raise Your Glass Auction Event	2:00 PM
5 Apr	Wednesday	Ladies Who Lunch	12:00 PN
5 Apr	Wednesday	Minister Office Hours	3:00 PM
5 Apr	Wednesday	Board of Trustees Meeting	7:00 PM
7 Apr	Friday	CUU Virtual Game Night*	7:00 PM
8 Apr	Saturday	Wreath Making with Pamela Malkin	10:00 AN
9 Apr	Sunday	In-Person & Online Sunday Service	10:30 AN
9 Apr	Sunday	CUU Book Club	12:00 PN
11 Apr	Tuesday	Caregivers Support Group	5:30 PN
12 Apr	Wednesday	In-Person Lunch at Mediterraneo	12:00 PN
12 Apr	Wednesday	Minister Office Hours	3:00 PN
12 Apr	Wednesday	Board of Trustees Meeting	7:00 PN
16 Apr	Sunday	In-Person & Online Sunday Service	10:30 AI
16 Apr	Sunday	Build Your Own Theology	12:00 PM
17 Apr	Monday	Monday Musings	7:00 PN
18 Apr	Tuesday	Worship Committee Meeting	7:00 PN
19 Apr	Wednesday	Ladies Who Lunch	12:00 PM
19 Apr	Wednesday	Minister Office Hours	3:00 PN
20 Apr	Thursday	In-Person Trip to Ladew Topiary Gardens	10:00 AI
21 Apr	Friday	Night to Night Shelter Dinner	6:15 PN
23 Apr	Sunday	In-Person & Online Sunday Service	10:30 AN
23 Apr	Sunday	Congregational Life Committee	12:00 PM
26 Apr	Wednesday	Ladies Who Lunch	12:00 PN
26 Apr	Wednesday	Minister Office Hours	3:00 PN
28 Apr	Friday	Drinks & Dessert	7:00 PN
30 Apr	Sunday	In-Person & Online Sunday Service	10:30 AN

\*Week night changed for this month only.

### LADIES WHO LUNCH – Every Wednesday at noon on Zoom



LADIES WHO LUNCH is a social Zoom that is open to ANY woman who is a member or friend of CUU. We invite you to drop in any Wednesday between 12:00-1:00 pm. Whether you have 10 minutes to spare, or the full hour, you are welcome here! Follow Zoom link on CUU Calendar.

(**NOTE:** There will be an In-person gender-inclusive lunch on Wednesday, April 12th. See below for more information.)

# Build Your Own Theology (BYOT): Mapping Our Spiritual Landscape – Sundays, April 2nd and 16th at noon

The sessions will be held on the **first and third Sundays of every month at noon** following our regular Sunday Service and will run approximately 1-1/2 to 2 hours.

These are in-person conversations guided by Reverend Amy using the BYOT handbook published by the UUA. The BYOT handbooks have been ordered and will be available for a \$5.00 minimum donation of at the first session.

If you are still thinking this over, consider this. What has your faith journey been? Were there positives and negatives? And where does that leave you now? Maybe it is time to take a look. To join this shared spiritual exploration, please inform Rev. Amy by email at Minister@cedarhurstuu.org or call Cindy Hirshberg.



## CUU Virtual Game Night - Date Change – Friday, April 7th at 7:00pm on Zoom



Date change for this month only. Zoom in to play games with CUU friends....we usually play Tribond, Taboo, or Scattergoies, but are always open to new ideas. We do not keep score...just have a lot of fun. Contact Beth Schilpp with questions. Follow Zoom link on CUU Calendar.

### CUU Book Club – Sunday, April 9th at noon on Zoom

Zoom in to discuss the April read - "One Thousand White Women" by Jim Fergus.

"Based on an actual historical event but told through fictional diaries, this is the story of a remarkable woman who travels west in 1875 and marries the Chief of the Cheyenne Nation."

"ONE THOUSAND WHITE WOMEN begins with May Dodd's journey west into the unknown. Yet the unknown is a far better fate than the life she left behind. Committed to an insane asylum by her blue-blood family for the crime of loving a man beneath her station, May finds that her only hope of freedom is to participate in a secret government program whereby women from the "civilized" world become the brides of Cheyenne warriors. What follows is the story of May's breathtaking adventures: her brief, passionate romance with the gal-



lant young army captain John Bourke; her marriage to the great chief Little Wolf; and her conflict of being caught between two worlds, loving two men, living two lives." (jimfergus.com)

If you would like a list of selected books for 2023, please contact Pamela Malkin.

We'd love to have new folks participating in this group. Follow Zoom link on CUU Calendar.

### Caregivers Support Group – Tuesday, April 11th at 5:30pm on Zoom



On the Second Tuesday of the month at 5:30pm is the Cedarhurst Caregiver Support group. If you are or have been a physical or emotional caregiver, please Zoom in to share your experiences, vent a bit or just listen. Our goal is to support each other. Call Beth Schilpp at 443-904-1304 if you have trouble getting onto Zoom. Follow Zoom link on CUU Calendar

### In-Person Lunch at Mediterraneo – Wednesday, April 12nd at Noon



Come enjoy lunch with CUU friends. This is a gender-inclusive event. You do not need to call in advance as they do not usually take reservations for lunch. The food is good and always separate checks. Hope to see you there!

Located at: 132 N. Main St., Westminster, MD 21157 Call Beth Schilpp at <u>rbschilpp@yahoo.com</u> with questions.

### Monday Musings – Monday, April 17th at 7:00pm on Zoom

Monday musings is always on the 3<sup>rd</sup> Monday of the month and is open to everyone for discussing quotes on specific topics from Soul Matters which we get from the Unitarian Universalist Association. Each month Soul Matters suggests a topic and provides materials related to that topic. Beginning with this



December gathering, the group will be facilitated by Rev. Amy Williams Clark. No prep work required – come give it a try. Follow Zoom link on CUU Calendar.

### Trip to Ladew Topiary Gardens – Thursday, April 20th at 10:00am



Meet at CUU to carpool to the Gardens. We will have lunch at the Ladew Café or another restaurant as selected by participants. Entry fee to the Gardens is \$12 for 62 or older, \$16 if younger.

Call Beth Schilpp with any questions 443-904-1304.

### Night to Night: Food Program – Friday, April 21st at 6:15pm

Every third Friday on the month we provide dinner for approximately 30 homeless. Interested in helping provide food or drinks? Contact Pamela Malkin.

### Drinks and Dessert – Friday, April 28th at 7:00pm on Zoom



This is our no agenda social time – come with or without drinks and dessert to chat and enjoy each other. Maybe share your holiday stories or whatever you wish. Follow Zoom link on CUU Calendar.

### Grief Group -

Grief Group will reconvene again this year. If you are interested in attending, please contact Rev. Amy at minister@cedarhurst.org

### Minister Office Hours—Zoom and In-Person

Rev. Amy's Office Hours are 3:00-5:00pm on Wednesdays.

Rev. Amy's office hours will take place at CUU and on Zoom.

Looking forward to seeing you in person!

You can also make appointments with Rev Amy on Tuesdays or Thursdays. She is always available for urgent pastoral matters and can be reached at <u>minister@cedarhurstuu.org</u>.

Zoom Link Meeting ID: 980 9298 0551 Passcode: 121055

### CONTACT

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