



Cedarhurst
Unitarian
Universalists



P.O. Box 358 Finksburg, MD 21048

FROM THE MINISTER

The season of fall is upon us. Though the equinox was over a month ago, now is the time – at least for me — that feels like fall. The trees are turning, the air is beginning to have its first chill, and the mums and decorative cabbages are beginning to bloom. Halloween has past, and the plans for Thanksgiving are in our future.

For me, fall is a spiritual time. It is the time when the changing leaves remind me of the changing nature of our lives. The falling leaves remind me there may have been things which served me in the past, but now I need to let them go. The leaves beneath my feet, which can provide nutrients for the earth, remind me of the ways that my life is nurtured by the earth.

Looking around neighborhoods, I see holiday decorations springing up like summer blooms - Halloween decorations grace almost every home. Soon these decorations will turn to harvest themes and even a few will skip straight to Christmas.

Fall is also the time to vote. November 8 is just around the corner and we have a chance to make a difference in our lives and the lives of others by voting. From local to federal mid-term elections we have choices to make, choices that impact us all.

FROM THE MINISTER

Voting is not only a right; it is also a spiritual practice for Unitarian Universalists. Our principles remind us that we have “the right of conscience and the use of the democratic process within our congregations and in society at large.” We not only have the right to vote, we have a spiritual imperative.

We have an opportunity to vote our conscience and express our values. Your vote matters. To quote Margarete Mead: “Never doubt that a small group of thoughtful, committed citizens can change the world, indeed it’s the only thing that ever has.”

Grace and Peace,

Rev. Amy

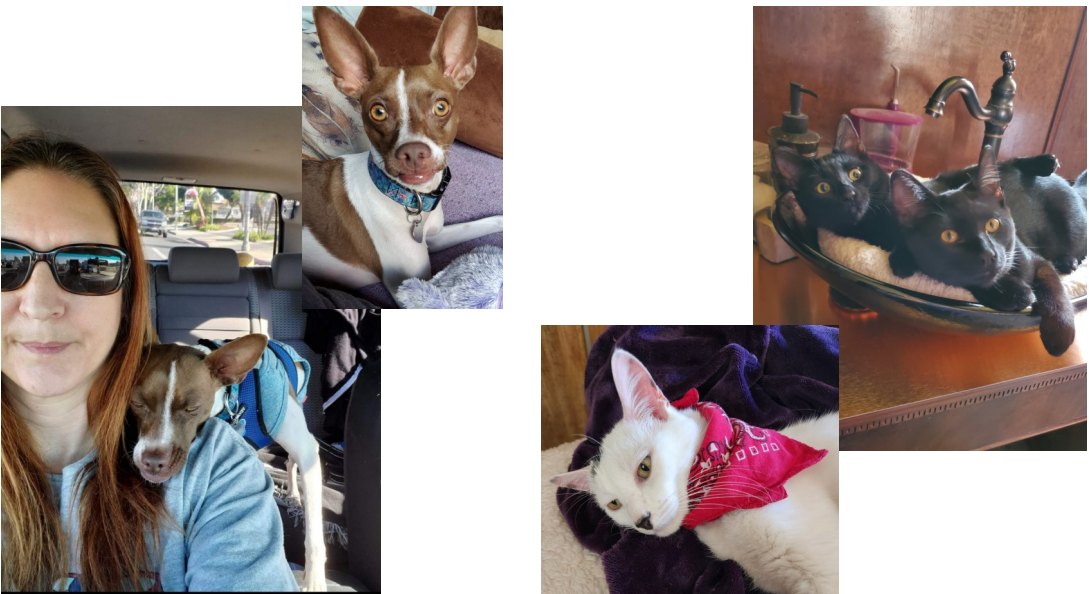


INTRODUCTION

Hello! My name is Nalina. I just recently joined CUU as an Administrative Assistance/Outreach Coordinator and am very happy to be here! Many of you have probably seen my name on the weekly emails already (as I learn more about the mass-emailing software), and this is my first *Companion* that I have prepared. Those whom I've had the pleasure of working with so far have warmly welcomed me aboard. Here is my opportunity to tell you a little about myself.

I am a California resident and recently graduated from California State University, Long Beach as a returning student with a double Bachelor's degree in English Literature and English Creative Writing. I have been writing and publishing most of my life, but am now a professional freelance blogger, social media content writer and marketing copywriting. I am also working on a novel that I hope to one day complete. My home life consists of a husband, a dog, and many cats :) I have been a kitten rescuer for over 15 years, and also facilitate opossum rescue for local rehabbers in the Los Angeles County area, and contribute to the local Long Beach Animal Shelter when possible.

Thank you for allowing me to be a part of the CUU community from the other end of the country, and for all of your help and guidance as I settle into my new position. I look forward to getting to know you all!



Cedarhurst's New Outreach Campaign

A three-year Outreach campaign was launched this Spring with the goal of introducing people to our denomination and inviting them to come visit and get to know us. It involved a pile of work by quite a few of Cedarhurst friends and members. And it is starting to bear fruit.

Cedarhurst volunteers staffed each booth in two-hour shifts, one booth each month from June to October. You may have visited the booth at Art in the Park, PRIDE, Fall Fest and the Westminster Farmers Market. After greeting hundreds of people to introduce our Principles written on a big poster, more than 40 new people provided their contact information, of which eight have already visited Cedarhurst in-person, including several young families. We are staying in touch with this group regularly by text, email, phone and even hand written letters.

A good number of members and friends, including Rev. Amy, developed the Campaign. The group chose the phrase "LOVE and JUSTICE in ACTION" as the campaign theme and worked hard to design new banners, paper labels and decorative circular seals to make sure that every item associated with the booth would show that wording plus our website address. In fact, many of you participated in a fast-paced "Slap-A-Label" session following a recent Sunday Service. Within about 30 minutes, we slapped labels on more than 700 snack items to be given out at our various booths. Wow! That was fun and we'll definitely do it again next season.

The list of new materials included creating a new Cedarhurst brochure along with two new banners and poster art listing our 8 Principles, all bearing the campaign theme. The booth itself includes a royal blue collapsible canopy and portable tables with cheery cloths and chairs.

The campaign is grounded in census-based data suggesting that the growth areas of Carroll County are Eldersburg, Sykesville and Mt Airy, with Reisterstown showing less growth. Additionally, Westminster is the center of the county's young adult/college population thanks to the presence of McDaniel and the Carroll Community College. These are our areas of concentration.

Cedarhurst's New Outreach Campaign

Now that the Summer festivals are over for this year, the outreach group is investigating additional events and activities to introduce our Unitarian Universalist denomination to more people and invite them to come visit Cedarhurst, attend several services and get to know us a little better.

By all means, when you see an unfamiliar face at Cedarhurst, please step over to introduce yourself. Offer to sit with them and guide them through the various parts of our Sunday Service. Make sure they have refreshments and meet more people following the Service. We can each help strangers feel welcome. In fact, it's the kind of welcoming hospitality and friendship we are known for.

Annual Auction Party – Live & In Person!

Mark your Calendar!

Enter reminders in your phone!

Tell your family and friends!

Clear the date!

Saturday, January 28, 2023 is the date for the CUU Auction! Now a daytime event (with a snow date of Feb. 4), the food/drink and Silent Auction will begin at 11:30am with the live auction starting at 1:00pm. Every CUU member and visitor should plan to be at the Auction—it's our party of the year and our second major source of funding.

Our auction is more than an essential fundraiser. It's how we meet others and connect with old and new friends while providing vital donations to our beloved congregation. Pay to Play... in the best possible way. Participation is the point: attend the auction, bid and buy events and items, and offer up something to be auctioned, usually with yourself included at the party/event/dinner.

Here's how it works: just think of something (anything!) you can donate. It can be hosting a homemade dinner for two or more guests, a night out at a play, concert, film, favorite restaurant, ballgame, boat ride, or shopping trip. Offer computer training, babysitting, beer making lessons, a week at your beach condo, pet-sitting, or any type of labor such as painting, leaf raking, organizing; freshly baked pies, cakes, lasagna tray or other delicious items, fresh vegetables from your garden next summer, works of art or collectibles you no longer love, or anything your mind can conceive! Auction committee members will be happy to help you develop your idea. Don't be shy!

The Auction Committee

WHAT'S HAPPENING AT CEDARHURST UU

Calendar is subject to change. Check the website calendar [here](#) for most current schedule.

2 Nov	Wednesday	Ladies Who Lunch	12:00 PM
2 Nov	Wednesday	Minister Office Hours	3:00 PM
6 Nov	Sunday	In-Person & Online Sunday Service	10:30AM
8 Nov	Tuesday	Caregivers Support Group	5:30 PM
9 Nov	Wednesday	Ladies Who Lunch	12:00 PM
9 Nov	Wednesday	Minister Office Hours	3:00 PM
9 Nov	Wednesday	Board of Trustees Meeting	7:00 PM
12 Nov	Saturday	Holiday Card Making Class	10:00AM
12 Nov	Saturday	CUU Virtual Game Night	7:00 PM
13 Nov	Sunday	In-Person & Online Sunday Service	10:30AM
13 Nov	Sunday	Book Club	12:00 PM
15 Nov	Tuesday	Worship Committee Meeting	7:00 PM
16 Nov	Wednesday	In-Person Lunch	12:00 PM
16 Nov	Wednesday	Minister Office Hours	3:00 PM
18 Nov	Friday	Night to Night Shelter Dinner	6:15 PM
20 Nov	Sunday	In-Person & Online Sunday Service	10:30 AM
20 Nov	Sunday	Congregational Life Committee	12:00 PM
21 Nov	Monday	Making Sock Gnomes Class	12:00PM
21 Nov	Monday	Monday Musings	7:00 PM
23 Nov	Wednesday	Ladies Who Lunch	12:00PM
23 Nov	Wednesday	Minister Office Hours	3:00 PM
23 Nov	Wednesday	Drinks & Dessert	7:00 PM
27 Nov	Sunday	In-Person & Online Sunday Service	10:30AM
30 Nov	Wednesday	Ladies Who Lunch	12:00 PM
30 Nov	Wednesday	Minister Office Hours	3:00 PM
4 Dec	Sunday	In-Person & Online Sunday Service	10:30AM
4 Dec	Sunday	Decorate CUU for the Holidays	11:30 AM

ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

Caregivers Support Group – Tuesday, November 8 at 5:30pm on Zoom

On the Second Tuesday of the month at 5:30pm is the Cedarhurst Caregiver Support group. Join in to share/support the folks doing this arduous task. Maybe learn some stress relief techniques or just vent—it's all safe here.

Holiday Card Making Class – Saturday, November 12 at 10 am at CUU

Come and make Christmas/holiday cards – 4 cards will cost \$20. You can make one set or double or triple, etc. your order. Contact Pamela Malkin by November 4th if you wish to participate because Arlene, our instructor needs time to make up the card kits. Bring scissors and your own glue, or you can buy glue from our instructor for \$4.

Game Night – Saturday, November 12 at 7pm on Zoom

Join some CUU friends for a no-pressure game night....we do not keep score...just play for fun. We have played Tribon, Scattergories, Trivial Pursuit and a few others. Each time we decide on the game for the night. All ideas for games are welcome – we try to have a game that everyone can play, including the person leading that game. The Zoom ID is on the calendar...call Beth Schilpp at 443-904-1304 with questions. No reservations required -- just Zoom in and have fun! [Zoom Link here](#). The ID is 974 9051 3201 and the Password is 721805.

Book Club – Sunday, November 13 at noon on Zoom

The November read is *Hell of a Book* by Jason Mott. In addition to the book discussion, please bring suggestions for books to read in 2023. The group had earlier decided to watch a movie together in December through our Zoom connections – come with movie suggestions. We cannot do a movie through Netflix because everyone would need to have Netflix. All are welcome even if you have not read the book. Call Beth Schilpp with questions at 443-904-1304. The Zoom ID is on the calendar.



ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

In-Person Lunch – Wednesday, November 16 at noon at the Glyndon Grill in Reisterstown

Have good food and good company with CUU friends. Although this is happening at the same time as Ladies Who Lunch usually meet, men are also invited to attend. The Glyndon Grill is at 4844 Butler Rd, Glyndon 21071. Call or text Beth Schilpp at 443-904-1304 by the 14th at noon if you can come so a reservation can be made.

Ladies Who Lunch – every Wednesday at noon on Zoom. The ID is on the calendar.

NOTE: There will be no meeting on 16th because of the in-person lunch.

Congregational Life Committee Meeting – Sunday, November 20th at noon.

All are welcome. We love to hear new ideas. The Zoom link is on the calendar.

NEW CLASS – Making Sock Gnomes – Monday, November 21st at noon at CUU

– Free-no charge

Pamela is going to teach us to make sock gnomes...great idea for decorations or a small gift. I personally am very excited to do this. All supplies are provided, but please bring your own scissors that cut fabric. Also bring your own lunch. We will eat first and then start making gnomes. If you have stray socks or maybe want to check out some cute ones at the dollar store, please bring them. Dollar store tree skirts may also be used as part of this process. Please contact Pamela Malkin no later than Friday, November 18th to sign up.



Monday Musings - Third Monday - NOVEMBER 21 at 7:00 PM

Monday Musings meet the third Monday of each month at 7 pm on Zoom. All are welcome. We gather to ponder quotes on a different topic each month. Monday, February 21 at 7 pm on Zoom, discussing quotes provided by UUA's Soul Matters.

Drinks and Dessert – Friday, November 25th on Zoom

This is our monthly social hour to just chat. Feel free to have dessert and drinks at the same time. Everyone is welcome to join in.....no agenda....just pleasant company. The Zoom link is on the calendar.

ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

Mark your calendar for December 4th -after the service....decorate for the holidays and Pot Luck lunch.

This year we are using all artificial greenery so the process should be much easier and quicker. We were also thinking of not putting up the big tree since things are fairly crowded in the front of the sanctuary. However, if anyone has a small tree –table sized that they would like to give or lend to CUU, please bring it on the 4th. We will not have live greens this year, therefore many hands should get us looking good in no time.

Please also bring a dish to share to start out the holiday season and have a fun, casual time with new and old friends. After eating, we will begin the decorating!

INFORMATION FROM THE CARROLL ARTS CENTER re Native Americans

Saturday – November 26th from 1 to 3pm.....there will be 2 short documentaries – one is on the continuing struggle of the Piscataway people to retain and share their heritage. The other is about the importance of land acknowledgement to lead to positive change for Indigenous Peoples. Both films will have the presenters present for question and answer sessions – no charge.

Saturday – November 26-7:30pm.....The Piscataway Nation Singers and Dancers will present a colorful, educational and entertaining pow-wow style event featuring American Indian dance, drum and song. The entrance fee is \$27 to \$30. If anyone wants to go to either of these events as a group, contact Beth Schilpp at 443-904-1304.

Grief Group

There will be no Grief Group in November due to Thanksgiving. This group will resume in December on the 22nd. Grief group is regularly held on the 4th Thursday of the month at 7:00PM.

Over the last couple of years many of us have experienced grief. Loss comes in many forms, death of a loved one, loss of a job, becoming more isolated, even the loss of a pet, and so much more. If you are finding that you are grieving or experiencing loss, we are here for you. Group will be facilitated by Rev. Amy.

Minister Office Hours

Rev. Amy's Office Hours are 3-5 PM on Wednesdays.

Office Hours will take place at CUU and on Zoom. Looking forward to seeing you in person!

You can also make appointments with Rev Amy on Tuesdays or Thursdays. She is always available for urgent pastoral matters and can be reached at minister@cedarhurstuu.org.

[Zoom Link](#)

Meeting ID: 980 9298 0551

Passcode: 121055

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