



P.O. Box 358 Finksburg, MD 21048

FROM THE MINISTER

We are now having our 3rd August since COVID began - and CUU is here. Such a statement is not made lightly because many other congregations are barely holding on - but your commitment has been the heartbeat of our community.

We have worshiped together and have moved to a multi-platform service, which means that you can come to the building in person for the services or stay at home for worship. We continue to have meaningful services with guest speakers and rituals such as flower communion which will be next week.

Our congregational life committee has provided many opportunities to get together both online and in person. From the ladies who lunch, to game nights, to book clubs, to in person gatherings we stay connected.

We have now begun an exciting outreach program expressing who we are to the community during festivals. These are times to engage people and tell them about why you are at CUU and an Unitarian Universalist. We also have wonderful banners and graphics to show who we are to both those who visit the booth and pass by.

This year we have also put up and dedicated a new sign which graces our grounds and proclaims who we are..

You can see new faces both online and at in-person worship, We continue to be small but mighty and our mighty-ness has shown through as we enter our third summer at Cedarhurst during COVID. Let me say again, this is not a small thing to survive and is an even greater thing to thrive as we have.

Rev. Amy

ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

I hope everyone has been enjoying the summer services. Thank you to all who have helped make them possible, including the lay leaders, zoom coordinators, A/V setup in the building, in-person greeters and hospitality, as well those cleaning the building and weeding the gardens and coordinating with Channing Memorial Church.

Hopefully, additional members and friends will begin to feel comfortable filling these and other roles needed to make the multi-platform (combination in-person and zoom) services continue as planned.

There are four summer services scheduled for the month of August, followed by a joint outdoor gathering with Channing on Sunday of Labor Day weekend. The services, including the last Sunday in July, are as follows:

July 31: Palliative care led by Jen Garner, from Bridging Life (formerly Carroll Hospice)

August 7: Equanimity - a Buddhist coping strategy led by Alan Bogage

August 14: Beyond Land Acknowledgement led by Bekah Waters

August 21: Discussion of Pema Chodron led by Meghan Mulvenna

August 28: Channing led service

As of now, all speakers from **July 31 – August 21** plan to be in Cedarhurst's building, with Cedarhurst hosting multi-platform services. All are welcome to attend in person or via Zoom.

September 4: There will be no service in the building or on zoom. Instead, we will be joining Channing for an in-person gathering at a pavilion in Piney Run Park. The plans are still being formulated but will likely include a service with lots of singing followed by either a potluck or bring-your-own lunch. There is a \$6 entrance fee per vehicle for in county residents and \$12 for out of county. However, if anyone in the vehicle is 62 or older, then the vehicle (and all its occupants) gets in free.

On **September 11th**, we return to our regular services with Rev. Amy conducting our annual water communion service. We are currently filling out the guest speaker schedule for the Fall and Winter. For newcomers to our congregation, Rev. Amy typically is in the pulpit on the first and third Sundays, from September – June, and we have a guest speaker on the other Sundays. Please contact me, Maria Warburton, at worshipservices@cedarhurstuu.org if you have any ideas or would like more information on ways to help with Sunday services.

HELP NEEDED WITH CONGREGATIONAL LIFE SPONSORED ACTIVITIES

During the pandemic and hopefully as we move into more in person activities, the congregational life committee has tried to have activities that keep people in touch. Our goal is to provide venues for interaction either in person or online. All activities are listed on the calendar and are open to everyone. New voices and points of view are always wanted. However the same people cannot take all responsibility for leading these groups indefinitely. Volunteers are needed to help out.

Book Club -

Participants in the book club choose the books to read and discuss, however a leader for the group is needed. Hopefully that person can find discussion questions to send to the group or to share when the group meets. The current meeting time is noon on the second Sunday of the month.

Monday Musings -

This is the only ongoing group that discusses things of a more spiritual nature. The basis for the discussions is the UUA Soul Matters material which the congregation purchases. Soul Matters has a different theme each month which is a guide for services during the month. Monday Musings has normally used quotes from that material but use the previous month so we do not duplicate anything used in a service. The leader just needs to grab some quotes from Soul Matters for the discussion. The group currently meets at 7pm on the third Monday of the month.

If you can help with either of these groups, please contact Beth Schilpp at 443-904-1304 or send a text to the same number.

ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

GAME NIGHT—SATURDAY, AUGUST 13TH AT 7:00 PM

No reservations required -- just Zoom in and have fun! [Zoom Link here](#). The ID is 874 9447 4228 and the Password is 841804.

BOOK CLUB SUNDAY, JULY 10TH AT NOON

The CUU Second Sunday Book Club will meet on Sunday, August 14th at 12 noon on Zoom Meeting ID: 910 3702 3644 Passcode: 499965 This month's book is "Tokyo Ever After" by Emiko Jean

CAREGIVER SUPPORT GROUP—TUESDAY, AUGUST 9TH AT 5:30 PM

On the Second Tuesday of the month at 5:30pm is the Cedarhurst Caregiver Support group. Join in to share/support the folks doing this arduous task. Maybe learn some stress relief techniques or just vent—it's all safe here.

MONDAY MUSINGS

Monday Musings will not be meeting for the summer 2022. We are hoping to restart fall or winter 2022-3. Interested in leading a discussion group? Contact Pamela Malkin for more information or questions you may have. It could be every week for 4-6 weeks or once a month. Topics of your choice! You select the day/time. What a great way to explore interesting topics, in person or on Zoom.

EXPLORING GRIEF

Exploring Grief will be held on the 4th Thursday of the month at 7:00. Over the last couple of years many of us have experienced grief. Loss comes in many forms, death of a loved one, loss of a job, becoming more isolated, even the loss of a pet, and so much more. If you are finding that you are grieving or experiencing loss, we are here for you. Group will be facilitated by Rev. Amy.

MINISTER OFFICE HOURS

Rev. Amy's Office Hours are 3-5 PM on Wednesdays. Office Hours are presently over Zoom only. Any changes will be reflected in the calendar and announcements.

You can also make appointments with Rev Amy on Tuesdays or Thursdays. She is always available for urgent pastoral matters and can be reached at minister@cedarhurstuu.org.

[Zoom Link](#)



ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

Maryland Poor People's Campaign

Western Region Monthly Meeting

Wednesday, July 13

7:00 PM - 8:30 PM

[RSVP HERE](#)

Join us for a debrief of the Mass Poor People's and Low - Wage Workers' Assembly and Moral March on Washington and to discuss our next steps.

Now that all of us are motivated and energized by the assembly and march, the Poor People's Campaign is committing the next 143 days to register and educate poor and low-income communities to vote in every election for candidates who commit to a Third Reconstruction Agenda to address poverty and low wealth from the bottom up. We must vote in historic numbers for our ancestors, for our children, and for the generations to come whose lives and planet are under threat today. What will our next steps be in the Western Region?

For more information contact Shirley Eatmon at Western@mdpoorpeoplescampaign.org or 443-340-5403

Homeless Person's Needs

Recently, at St. Paul's UCC's noon meal, I was told people are in need of gently used jeans, shorts and men's underwear. If you have any to donate, you can drop them into the box on the front porch at CUU. The box will be labeled "Clothing."

Shirley Eatmon 443-340-5403

WHAT'S HAPPENING AT CEDARHURST UU

Calendar is subject to change. Check the website calendar [here](#) for most current schedule.

2 Aug	Tuesday	Religious Services Committee Meeting	7:00 PM
3 Aug	Wednesday	Ladies Who Lunch	12:00 PM
3 Aug	Wednesday	Minister Office Hours	3:00 PM
5 Aug	Friday	Night to Night Shelter Dinner	6:15 PM
7 Aug	Sunday	Online Sunday Service	10:30 AM
9 Aug	Tuesday	Caregivers Support Group	5:30 PM
10 Aug	Wednesday	Ladies Who Lunch	12:00 PM
10 Aug	Wednesday	Minister Office Hours	3:00 PM
10 Aug	Wednesday	Board of Trustees Meeting	7:00 PM
13 Aug	Saturday	CUU Virtual Game Night	7:00 PM
14 Aug	Sunday	Online Sunday Service	10:30 AM
14 Aug	Sunday	Congregational Life Committee	12:00 PM
14 Aug	Sunday	Book Club	12:00 PM
17 Aug	Wednesday	Ladies Who Lunch	12:00 PM
17 Aug	Wednesday	Minister Office Hours	3:00 PM
19 Aug	Friday	Night to Night Shelter Dinner	6:15 PM
21 Aug	Sunday	Online Sunday Service	10:30 AM
24 Aug	Wednesday	Ladies Who Lunch	12:00 PM
24 Aug	Wednesday	Minister Office Hours	3:00 PM
24 Aug	Wednesday	Drinks and Desserts	7:00 PM
25 Aug	Thursday	Exploring Grief and Loss	7:00 PM
28 Aug	Sunday	Online Sunday Service	10:30 AM
31 Aug	Wednesday	Ladies Who Lunch	12:00 PM
31 Aug	Wednesday	Minister Office Hours	3:00 PM
2 Sept	Friday	Night to Night Shelter Dinner	6:15 PM
4 Sept	Sunday	Online Sunday Service	10:30 AM
6 Sept	Tuesday	Religious Services Committee Meeting	7:00 PM
7 Sept	Wednesday	Ladies Who Lunch	12:00 PM
7 Sept	Wednesday	Minister Office Hours	3:00 PM

CONTACT

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