May 2022



## FROM THE MINISTER

## **Nurturing Beauty**

As I write this newsletter, the late cherry blossoms, dogwoods, and redbuds are in bloom. The daffodils have faded to be replaced by the vibrant colors of tulips and the sweet smell of lilacs. The earth seems to be bursting with color as the trees begin to unfurl their spring leaves.

In this context I appreciate the Soul Matter theme of Nurturing Beauty. For me this is a particularly poignant theme as I contemplate and work on the garden of my new home.

In front of our home are two beds that previously held beautiful flowers, but were replaced by the previous owners with pale toned stones. The reason I am sure is to give the home the "curb appeal" of ease of minimum yard work and enable the buyer (in this case us) to imagine the flowers that could be there with "a little work". But I must say, after two weekends of shoveling up rocks and finding a place to put them, ease is not the word that comes to mind.

I have a beautiful garden planned in my mind. It has peony bushes framed by forsythia. In lilies, and other butterfly attracting perennial flowers. But before I have this garden, I have to deal with the reality of a second bed of rocks and I must admit I am not sure if the garden in my mind will become reality any time soon.

As I contemplated this, I came upon the following prose piece by Rev. Rebekah Savage who reminds us that though there is so much work to do, so much that keeps us back, beauty is our birthright and beauty is worth nourishing and working for.

## Beauty is Our Birthright by Rev. Rebekah Savage

Sometimes we awake in the morning with a heaviness in our chest. Sometimes we awake in the morning with the endless to-do list rattling through our thoughts, the nagging reminders of what was left undone yesterday, and the pangs of "I have to do it all again today?" pinching at our insides.

Sometimes we awake in the morning, and we'd rather go back to sleep, We would rather escape under the covers, a rock, the bottom of the closet.

And then. The first sliver of sunshine may dance across our face. Beautiful. And then.

The wafting scent of a new day may glide over us. Beautiful. And then,

Signs of life blossom around us, to include inside of us. Beautiful. Beauty is our birthright. Just as we are born in love, through love, To love.

Grace and Peace,

Rev. Amy





#### **PRESIDENT'S CORNER**

Our doors are open for multi-platform services. What does this mean? As much as possible, worship is held live in the sanctuary and also online on Zoom. Esther has joined us in the building to play live music; however, we are not singing in-person at this time. It is wonderful to watch the chalice be lit and candles be lit for joys and concerns. During the congregational reading, it is uplifting to hear it read in unison with fellow UUs. If you are able and so moved, please join us in the building for Sunday services and upcoming activities.

The Board is working on next year's budget which will be presented at the Annual Meeting on June 5th. We need everyone to submit their pledge so we can finalize the budget. If you don't want to receive a phone call from a board member, please go to the website's giving page and submit your pledge on the form. If you need help doing this, please contact a board member for assistance.

May is Asian American Pacific Islander month. I thought I would share with you some of my favorite podcasts and books by and about AAPI culture. Podcasts: Books & Boba- learn about the latest releases by and about AAPI folks; Asian American History 101; Asian Enough- the joys, the complications and everything in between about being Asian American; Dear Asian Americansfocusing on authentic storytelling rooted in origin, identity and legacy; and Self Evident- the mission is to empower local communities to share stories and build relationships around the value of self-representation. As for book recommendations, here are a few:

Minor Feelings: An Asian American Reckoning by Cathy Park Hong; Crying in H Mart by Michelle Zauner; Speak,Okinawa; A Memoir by Elizabeth Miki Brina; Pachinko by Min Jin Lee (currently a series on Apple TV +); and The Tea Girl of Hummingbird Lane by Lisa See (I enjoyed all of her books so hard to choose 1). Our CUU book club will be discussing Searching for Sylvie Lee by Jean Kwok on Sunday, May 8th.

Have a wonderful May and a beautiful Mother's Day!

Francine K. Hahn, Board President



#### FROM THE GARDEN: PARSLEY, SAGE, ROSEMARY AND DILL

Each Spring, as the flower beds along our front sidewalk awaken, thought is given to plant possibilities. We continue to look for opportunities to decrease the hands-on upkeep needed by returning some parts of the flower beds to grassy lawn. We have added groundcovers to reduce the need for mulch, and added perennials like cone flowers to the flower beds in addition to shrubs. Three butterfly bushes serve as the central part of the butterfly garden. We have diversified the nectar sources by adding several varieties of hydrangea and viburnum as well as Joe Pyeweed for the grown butterflies. Last year, despite some weeks of scorching temperatures often accompanied by drought growing conditions, we saw an assortment of butterflies showing up for nectar meals. With this evidence of adequate nectar sources there comes an opportunity to add larval host plants and round-out the habitat value.



This year, we want to concentrate on offering larval host plants for several varieties of butterfly, especially Swallowtails. Investigation shows that Parsley and Dill attract Eastern Swallowtails to breed, lay eggs, then hatch and feed young caterpillars. Sage is an aromatic with textured leaves that discourage deer and bunnies from eating them and other plants around them. Rosemary is a similar aromatic that is off-putting to deer and bunnies. So we will be planting all four of them: Parsley, Sage, Rosemary and Dill.

Earlier attempts to provide larval host plants for the Monarch butterflies were not successful despite several seasons of trying. The neighborhood bunnies devoured the milkweed, the Monarch's only larval host plant, before the caterpillars could get there. So in preparation for growing larval host plants this year, we investigated what those plants might be and also paid special attention to plants that the bunnies and deer might not enjoy quite so much. These four are plants that will serve as nourishment for newly hatched caterpillars as they metamorphose into actual butterflies. Hopefully, these will also discourage bunnies and deer from grazing on them for dinner.

Different species of butterflies rely on different larval host plants to breed and rear their young. You might enjoy planting these yourself to round-out the habitat value of your own butterfly garden.

Special thanks go to Barb Bradley, Bonnie Kauffman, Kathy Sheridan, Terry and Alek Vinson for all their help keeping the gardens looking groomed during the seemingly endless months of the pandemic. And to Pamela Malkin for her skill in locating resources to renovate the landscaping around our new sign. If you would like to know more or lend a hand in the garden, please contact Cindy Hirshberg or Claudette LeBlanc. Thank you!

As a quick footnote, please remember that some garden volunteers have severe allergies to lawn chemicals. So please do not apply any chemical or fertilizer at all to the garden beds.

#### ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

#### GAME NIGHT-SATURDAY, MAY 14 AT 7:00 PM

No reservations required -- just Zoom in and have fun! <u>Zoom Link here</u>. The ID is 874 9447 4228 and the Password is 841804.

#### **BOOK CLUB SUNDAY, MAY 8 AT NOON**

The CUU Second Sunday Book Club will meet on Sunday, May 8th at 12 noon on Zoom Meeting ID: 910 3702 3644 Passcode: 499965 Stay tuned for more information.

#### CAREGIVER SUPPORT GROUP—TUESDAY, MAY 10 AT 5:30 PM

On the Second Tuesday of the month at 5:30pm is the Cedarhurst Caregiver Support group. Join in to share/support the folks doing this arduous task. Maybe learn some stress relief techniques or just vent—it's all safe here.

#### MONDAY MUSINGS - THIRD MONDAY (MAY 16) AT 7:00 PM

Monday Musings meet the third Monday of each month at 7 pm on Zoom. All are welcome. We gather to ponder quotes on a different topic each month. Monday, May 16th at 7 pm on Zoom, discussing quotes provided by UUA's Soul Matters.

#### **BALTIMORE CLUSTER MEETINGS WINTER/SPRING**

#### **TUESDAY MAY 24**

Rev. Dayna Edwards: Poor People Campaign & UU Congregations

#### **STEWARDSHIP**

Please go to the <u>Giving page</u> on the Cedarhurst website and submit your pledge amount for the 2022-2023 church year. The fair share document can be found on the Giving page as well. It guides you through various factors to consider when figuring out how much to pledge. Thank you for supporting Cedarhurst!



## ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU ACTIVITIES OVER NEXT THREE MONTHS SPONSORED BY CONGREGATIONAL LIFE

#### Pot luck Lunch at CUU - May 14th at noon

Bring a dish to share and if the weather is good we can be outside. More details to follow but mark your calendar now.

#### Brookside Garden in Montgomery County - June 11th at 9:30am

Meet at CUU at 9:30 to carpool to Brookside. This garden has flowers, sculptures and hopefully the butterfly garden will be open. As always we will find a place for lunch. Call Beth Schilpp with questions.

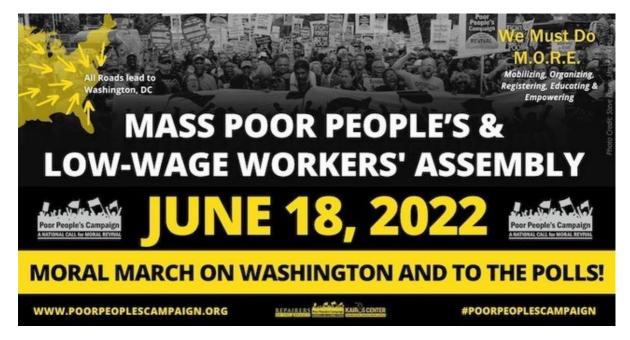
### The Poor People's Campaign: A National Call for Moral Revival The Poor People's

Campaign: A National Call for Moral Revival is mobilizing nationwide to bring people to Washington D.C. for the Mass Poor People's and Low-Wage Worker's Assembly and Moral March on Washington and to the Polls. We are standing together to challenge the interlocking injustices of systemic racism, poverty, ecological devastation, the military economy and militarism and to change the distorted national narrative that wants to blame people for being poor rather than the policies that continue to oppress us all. We will be marching to build the power we need to make the policy makers say yes when they want to say no. We are assembling and marching to call for the enactment of the <u>Third</u> <u>Reconstruction Resolution</u> that demands the U.S. fully address poverty and low wages from the bottom up.

As a Mobilization Captain, I have committed to contacting my friends, family, organizations and activists to go to the Assembly and March with me. Will you join me in going to the Moral March or be a Mobilization Captain? There will be transportation from Westminster to the Assembly and March. Learn more about the Mass Poor People's and Low-Wage Worker's Assembly and Moral March on Washington and to the Polls <u>Here</u>. This link also has information on being a Mobilization Captain and sign-up.

#### Shirley Eatmon

western@mdpoorpeoplescampaign.org 443-340-5403



#### ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

Will you join us to sharpen your skills this spring with our Skill Up Spring Series: Action Center 101 Soup to Nuts?

#### What's a Skill Up?

This is our monthly series of trainings on organizing skills to help build our UU the Vote and Side with Love Volunteer Squads and help YOU build stronger teams in your congregation and community. We'll start the session with some spiritual fun and then launch into our training. This is also a chance to find out how to get more involved as a Side with Love volunteer and meet members of the Volunteer Squads.

#### Sign up now to come live, or be the first to get the recordings!

# **Skill Up Spring Series 2022**

Every 3rd Sunday

1 PT • 2 MT • 3 CT • 4 ET pm

bit.ly/skillup4justice



#### May Sign Up

"How Do I Get People to Care?!" Building Strong Grassroots Actions for Justice with Susan Leslie, UUA Side with Love Partnerships & Coalitions Organizer

#### Past Skill Ups

View past Recordings and resources on our Skill Up Resource Page. Slack, Canva, Zoom, recruitment, faith framing, one-on-ones and more!

Skill Up bit.ly/skillup4justice Spring Series 2022				
FEB. 20: Creating Effective Guest Opinions & Letters to the Editor - Jeff Milchen				
MAR. 20: Grounding, Welcoming & Energizing - Canedy Knowles & Rev. Kristina Church	Every 3rd Sunday • 1 pm PT • 2 pm MT			
APRIL 17: The Art of the Ask - Nicole Pressley				
MAY 15: How Do I Get People to Care? Building Strong Grassroots Actions for Justice - Susan Leslie	• 3 pm CT • 4 pm ET			

## General Assembly 2022- CUU has money budgeted to assist with GA expenses. Please ask a Board member for info!

General Assembly 2022! In 2022, we will have the option of meeting online or in-person! For those who enjoyed the convenience and accessibility of remote participation, General Assembly will continue to offer a virtual experience with robust programming and enhanced delegate discussion tools. For those who miss the in-person experience, GA 2022 offers opportunities to re-connect with friends old and new, local site attractions, and more! Join us June 22 - 26, 2022 online or in-person in Portland, Oregon. *In Person Registration and the Housing Reservation system is now open. Find out about all the plans at the UUA website*.



**GENERAL ASSEMBLY** MULTIPLATFORM / PORTLAND • 2022

#### **GRIEF GROUP**

Grief group will be forming and will be held on the 4<sup>th</sup> Thursday of the month (Beginning March 24) at 7:00. Over the last couple of years many of us have experienced grief. Loss comes in many forms, death of a loved one, loss of a job, becoming more isolated, even the loss of a pet, and so much more. If you are finding that you are grieving or experiencing loss, we are here for you. Group will be facilitated by Rev. Amy.

#### **MINISTER OFFICE HOURS**

Rev. Amy's Office Hours are 3-5 PM on Wednesdays. Office Hours are presently over Zoom only. Any changes will be reflected in the calendar and announcements.

You can also make appointments with Rev Amy on Tuesdays or Thursdays. She is always available for urgent pastoral matters and can be reached at <u>minister@cedarhurstuu.org</u>.

Zoom Link Meeting ID: 980 9298 0551 Passcode: 121055



## Reminder: The Best Parts Lie Ahead for the 2021 Fall Auction

A big hello to the many successful Bidders from the 2021 Fall Auction. This is a reminder about checking to be sure that the events you won are booked on your calendars. Nothing worse than bidding and winning an opportunity to join friends, and then accidentally making a commitment to be somewhere else. Ouch!

Your hosts/hostesses will be contacting you with reminders. And if you aren't clear about what things and events you won in the Auction, please refer to your final email from BidBeacon where your winnings were itemized and totaled up for payment.

BTW: If you enjoy Ayanna Chen's singing at Sunday Services you will have an opportunity to hear more of it at Bonnie Kauffman's "Summer Solstice Celebration with Music" on June 18th. Ayanna will join Gerry Galuardi for the musical entertainments. There are still some seats available so please contact Bonnie Kauffman directly if you are interested in attending.

And please remember to start thinking about items to offer in the next Cedarhurst Auction coming up in the Fall.

Thank you, The 2021 Auction Committee

Since the Auction, we have learned that Ayanna Chen, whose wonderful voice has been a part of our Sunday Services recently, has agreed to join in the singing. You can contact Bonnie to sign up for these seats. Remember, these dollars support Cedarhurst and are always welcome and put to good use.

The 2021 Auction Committee

## WHAT'S HAPPENING AT CEDARHURST UU

#### Calendar is subject to change. Check the website calendar <u>here</u> for most current schedule.

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5 June     Sunday     Online Sunday Service     10:30 Al       7 May     Tuesday     Religious Services Committee Meeting     7:00 PM       8 May     Wednesday     Ladies Who Lunch     12:00 PM	1 June	Wednesday	Ladies Who Lunch	12:00 PM
7 May     Tuesday     Religious Services Committee Meeting     7:00 PM       8 May     Wednesday     Ladies Who Lunch     12:00 PM	1 June	Wednesday	Minister Office Hours	3:00 PN
8 May Wednesday Ladies Who Lunch 12:00 PM	5 June	Sunday	Online Sunday Service	10:30 AN
	7 May	Tuesday	Religious Services Committee Meeting	7:00 PN
8 May Wednesday Minister Office Hours 3:00 PM	8 May	Wednesday	Ladies Who Lunch	12:00 PM
	8 May	Wednesday	Minister Office Hours	3:00 PN

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