



Cedarhurst
Unitarian
Universalists



P.O. Box 358 Finksburg, MD 21048

FROM THE MINISTER

As some of you know, I am a knitter and a beginning crocheter, which means that I often work with various yarns and colors.

I have been working on a shawl and looking back on my work the other day I saw had made a large hole in the middle of the work I had done. It was not something that I could easily fix so I began to rip it out (process often named as “frogging” – because you rip it – rip it – rip it. I know it is a horrible pun.)

Now I am left with a skein of yarn that I keep trying to use for one pattern or another. Whenever I pick it up and try to begin a pattern; something is just off there is nothing inherently wrong with the yarn: I have worked successfully with yarn just like it before, though in the different shade. The texture and weight of the yarn are pleasing, but nothing is working. As I sat with my knitting group beginning a pattern and ripping it out again; they were curious about what I was doing, after all they had seen me work with the yarn, frog it, and begin again several times. I was just not happy with the yarn, the color, the texture - nothing worked.

Finally after hours of trying this pattern and that pattern I set the yarn aside. It may stay in my stash for a while or I may find another use for it, but now is not the time to use it. So I am picking up another skein of yarn in my stash and beginning again. This time the pattern came to me easily and the knitting was once again pleasant, even peaceful as I use it to meditate. All round I am happier with the yarn and will be happier with what comes at the end.



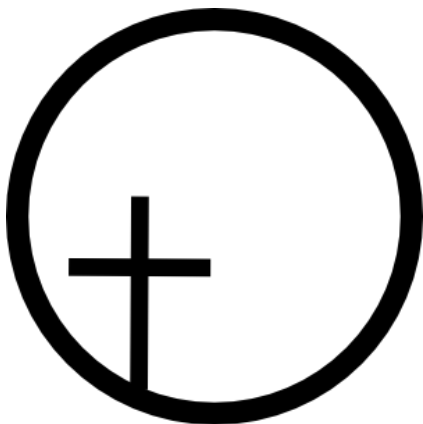
FROM THE MINISTER

This month's soul matter's theme is renewing faith. I tell the above story because it reminds me that there are times that things need to be set aside in order to renew. There are times that some faith practices are put aside or beliefs are reevaluated and renewed. There are times where nothing seems to working, that the spirit seems to not be with us, and we have a choice to put aside the spiritual practice or keep trying and keep going. Both are valid ways, ancients talk of the "dark night of the soul" when nothing seems to speak to us and we have to get through this time, but we do not have to go through it alone or even in the ways that we expect.

Sometimes spiritual practices are like that – sometimes we need to revisit them to see how they can be renewed.

Faith and beliefs constantly need to be questioned; to be renewed. Our UU faith calls us to constantly re-evaluate our beliefs, to question, and to look back at our previous beliefs and see how they have transformed.

What beliefs have you put aside? What beliefs are you reevaluating? Is there anything that you need to pick up again? This process enables us to transform and renew our beliefs and faith.



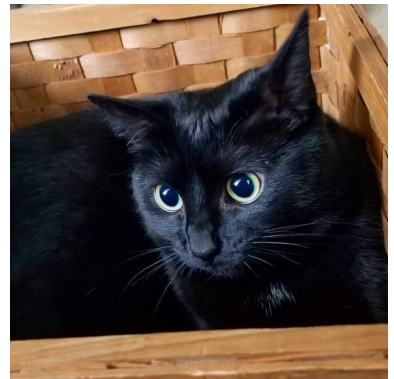
Grace and Peace,
Rev. Amy

INTRODUCTION

Hello! My name is Emmett, and for the past few months I've been sending out the newsletter and weekly updates. It's been really great working with everyone here at CUU and getting introduced to the community you've all formed. It's about time I give you all a little bit of an introduction to me as well.

I recently accepted a new job as a customer service representative at Glenwood Animal Hospital, but before that I was an assistant department manager in the produce department of the Eldersburg Martin's. I have three cats—Spit Fyre, Xion, and Leo— who I love to death and love spending time with. I'm the middle child of three, and I also have five step siblings, and one half brother both from my dad. I like photography (although since the pandemic began I haven't gone out with my camera very much), and I played the violin for about ten years. I haven't played much since graduating high school in 2017, however, but I would like to start playing it again.

Thank you all for the opportunity to be a part of the CUU community, and for your patience and kindness while I get the hang of things!



ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

OUR BUILDING IS CURRENTLY CLOSED UNTIL FEBRUARY 13th, AT WHICH TIME THE BOARD WILL REEVALUATE.

GAME NIGHT—SATURDAY, MARCH 12 AT 7:00 PM

No reservations required -- just Zoom in and have fun! [Zoom Link here](#). The ID is 874 9447 4228 and the Password is 841804.

BOOK CLUB SUNDAY, MARCH 13 AT NOON

The CUU Second Sunday Book Club will meet on Sunday, March 13th at 12 noon on Zoom Meeting ID: 910 3702 3644 Passcode: 499965 Stay tuned for more information.

CAREGIVER SUPPORT GROUP—TUESDAY, MARCH 8 AT 5:30 PM

On the Second Tuesday of the month at 5:30pm is the Cedarhurst Caregiver Support group. Join in to share/support the folks doing this arduous task. Maybe learn some stress relief techniques or just vent—it's all safe here.

MONDAY MUSINGS - THIRD MONDAY (MARCH 21) AT 7:00 PM

Monday Musings meet the third Monday of each month at 7 pm on Zoom. All are welcome. We gather to ponder quotes on a different topic each month. Monday, March 21 at 7 pm on Zoom, discussing quotes provided by UUA's Soul Matters.

BALTIMORE CLUSTER MEETINGS WINTER/SPRING

WEDNESDAY MARCH 2

Cherie Taylor: Stewardship this year amidst an ongoing pandemic

TUESDAY APRIL 26

Rev. Rob Keithan: Social Justice in congregations with a spotlight on reproductive rights (Rob is the minister of social justice at All Souls and heavily involved in organizing around reproductive rights. He's got close networks and ties with great organizations working on this in the DMV.)

TUESDAY MAY 24

Rev. Dayna Edwards: Poor People Campaign & UU Congregations

STAY TUNED FOR ZOOM INFORMATION!

A Second Slice of Pi: An Online Conference for Smaller Congregations

What will be happening? We'll have on demand, easy to access resources housed at UU Institute plus a live, virtual 2 hour networking conference with a variety of conversational topics on March 12, 2022 from 3p-5p ET/12p-2p PT. Registration is on a sliding scale from \$5-25 to fit your budget and is open now. [Learn more](#).



From Reactivity to Resilience: Doing Our Inner Work in Congregations - March 5 & 26

Part I - March 5, 2022 - 2:00 to 4:00 PM (ET)

Part II - March 26, 2022 - 2:00 to 4:00 PM (ET)

This webinar series focuses on the Spiritual Leadership practice of "doing our inner work." It is rooted in an awareness of the human tendency to fight, freeze, or flee when we are activated. It rests in a belief that congregations are called to create a container in which everyone can learn, hone and use tools that bring us through activation into resilience.

Fee per person is \$25 or pay-what-you-can using our coupon codes. [Learn more and register here](#). From the New England Region.

ANNOUNCEMENTS AND UPCOMING PROGRAMS AT CEDARHURST UU

General Assembly 2022- CUU has money budgeted to assist with GA expenses. Please ask a Board member for info!

General Assembly 2022! In 2022, we will have the option of meeting online or in-person! For those who enjoyed the convenience and accessibility of remote participation, General Assembly will continue to offer a virtual experience with robust programming and enhanced delegate discussion tools. For those who miss the in-person experience, GA 2022 offers opportunities to re-connect with friends old and new, local site attractions, and more! Join us June 22 - 26, 2022 online or in-person in Portland, Oregon. *In Person Registration and the Housing Reservation system is now open. Find out about all the plans at the [UUA website](#).*



GENERAL ASSEMBLY
MULTIPLATFORM / PORTLAND • 2022

GRIEF GROUP

Grief group will be forming and will be held on the 4th Thursday of the month (Beginning March 24) at 7:00. Over the last couple of years many of us have experienced grief. Loss comes in many forms, death of a loved one, loss of a job, becoming more isolated, even the loss of a pet, and so much more. If you are finding that you are grieving or experiencing loss, we are here for you. Group will be facilitated by Rev. Amy.

MINISTER OFFICE HOURS

Rev. Amy's Office Hours are 3-5 PM on Wednesdays. Office Hours are presently over Zoom only. Any changes will be reflected in the calendar and announcements.

You can also make appointments with Rev Amy on Tuesdays or Thursdays. She is always available for urgent pastoral matters and can be reached at minister@cedarhurstuu.org.

[Zoom Link](#)

Meeting ID: 980 9298 0551

Passcode: 121055

WHAT'S HAPPENING AT CEDARHURST UU

Calendar is subject to change. Check the website calendar [here](#) for most current schedule.

1 Mar	Tuesday	Religious Services Committee Meeting	7:00 PM
2 Mar	Wednesday	Ladies Who Lunch	12:00 PM
2 Mar	Wednesday	Minister Office Hours	3:00 PM
5 Mar	Saturday	Virtual Fellowship Dinner	7:00 PM
6 Mar	Sunday	Online Sunday Service	10:30 AM
8 Mar	Tuesday	Caregivers Support Group	5:30 PM
9 Mar	Wednesday	Ladies Who Lunch	12:00 PM
9 Mar	Wednesday	Minister Office Hours	3:00 PM
9 Mar	Wednesday	Board of Trustees Meeting	7:00 PM
12 Mar	Saturday	CUU Virtual Game Night	7:30 PM
13 Mar	Sunday	Online Sunday Service	7:00 PM
13 Mar	Sunday	Book Club	10:30 AM
16 Mar	Wednesday	Ladies Who Lunch	12:00 PM
16 Mar	Wednesday	Minister Office Hours	12:00 PM
18 Mar	Friday	Night to Night Shelter Dinner	3:00 PM
20 Mar	Sunday	Online Sunday Service	6:15 PM
20 Mar	Sunday	Congregational Life Committee	10:30 AM
21 Mar	Monday	Monday Musings	12:00 PM
23 Mar	Wednesday	Ladies Who Lunch	7:00 PM
23 Mar	Wednesday	Minister Office Hours	12:00 PM
23 Mar	Wednesday	Drinks and Dessert	3:00 PM
27 Mar	Sunday	Online Sunday Service	7:00 PM
30 Mar	Wednesday	Ladies Who Lunch	10:30 AM
30 Mar	Wednesday	Minister Office Hours	7:00 PM
3 Apr	Sunday	Online Sunday Service	12:00 PM
5 Apr	Tuesday	Religious Services Committee Meeting	3:00 PM
6 Apr	Wednesday	Ladies Who Lunch	5:30 PM
6 Apr	Wednesday	Minister Office Hours	10:30 AM
9 Apr	Saturday	CUU Virtual Game Night	5:30 PM

CONTACT

Email: Info@CedarhurstUU.org

Web address: <http://www.cedarhurstuu.org>

Minister Rev. Amy Williams Clark Minister@cedarhurstuu.org

President Francine Hahn BoardPresident@cedarhurstuu.org

At Large Board Members

Alan Bogage abogage@cedarhurstuu.org

Rebekah Waters rlwaters422@gmail.com

Pete White PWhite@cedarhurstuu.org

Treasurer David Pittman Treasurer@cedarhurstuu.org

Committee Chairs:

Communications Communications@cedarhurstuu.org

Congregational Life congregationallife@cedarhurstuu.org

Operations operations@cedarhurstuu.org

Religious Exploration religiousexploration@cedarhurstuu.org

Social Justice socialjustice@cedarhurstuu.org

Worship Services WorshipServices@cedarhurstuu.org

Outreach Coordinator: Emmett Waters outreach@cedarhurstuu.org

Cedarhurst Unitarian Universalists
P.O. Box 358
2912 Club House Road
Finksburg, Maryland 21048-0358

